Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* DIFILLIPPO DAVID A (Last) (First) (Middle) C/O UNIFIRST CORP						Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF] 3. Date of Earliest Transaction (Month/Day/Year) 11/17/2021								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director					
(Street) WILMINGTON MA 01887 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year) ative Securities Acquired, Disposed of, or Benefic								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					2A. Deemed Execution Date,			3. 4. Secur Transaction Dispose Code (Instr. 5)		4. Securit Disposed	ies Acquire Of (D) (Ins	ed (A) o	or 5. Amour and Securitie Beneficia		nt of 6. es Fo (D) (D) (D) (D) (D)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount (A) or (D)		Pric	се	Transaction(s) (Instr. 3 and 4)				,,			
Common Stock 11/17/2					2021			A		1,120(I,120 ⁽¹⁾ A \$		0.00	12,6	12,669 ⁽²⁾		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Security or Exercis (Instr. 3) Price of	Derivative lecurity or Exercise lnstr. 3) Price of Derivative lecurity or Exercise (Month/Day/Year) (Month/Day/Year)			4. Transaction Code (Instr. 8)		on of I		6. Date Exercis Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		E	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					v	(A)		Date Exercisal		Expiration Date	Title	Amor or Numl of Share	ber						
Stock Appreciation Right ⁽³⁾ \$201.07	11/17/2021			A		1,373		(3)	1	11/17/2031	Common Stock (\$0.10 par value)	1,37	73	\$0.00	1,373		D		

Explanation of Responses:

- 1. Represents restricted stock units granted under the UniFirst Corporation Amended and Restated 2010 Stock Option and Incentive Plan (the "2010 Plan"). Such restricted stock units vest in five equal annual installments on October 31, 2022, October 31, 2023, October 31, 2024, October 31, 2025 and October 31, 2026.
- 2. Consists of 1,044 restricted stock units that vest 100% on December 20, 2022, 1,231 restricted stock units that vest 100% on October 22, 2023, 969 restricted stock units that vest 60% on October 29, 2022, an additional 20% on October 29, 2023 and the remaining 20% on October 29, 2024, 1,169 restricted stock units that vest 60% on October 26, 2023, an additional 20% on October 26, 2023 and the remaining 20% on October 26, 2024 and the remaining 20% on October 26, 2024, and october 26, 2024 and the remaining 20% on October 26, 2025, 1,120 restricted stock units that vest in five equal annual installments on October 31, 2022, October 31, 2024, October 31, 2025 and October 31, 2026 and 7,136 shares of Common Stock owned by the reporting person.
- 3. This stock appreciation right, which was granted under the 2010 Plan, becomes vested and exercisable in five equal annual installments on October 31, 2022, October 31, 2023, October 31, 2024, October 31, 2025 and October 31, 2026. This stock appreciation right is required to be settled in stock at the time of exercise.

Remarks:

/s/ Steven S. Sintros, Attorneyin-Fact

** Signature of Reporting Person

11/17/2021

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.