FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BARTLETT JOHN B						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	PIN ROA	,	(Middle)		10/2	3. Date of Earliest Transaction (Month/Day/Year) 10/27/2005 X Officer (give title Other (specify below) Senior VP and CFO											specify				
(Street) WILMIN (City)	IGTON]		01887 (Zip)		4. If A	Line) X For										e) <mark>X</mark> Form f	r Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting on				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day						Execution Date,				Transaction Dispo			sed Of (ed (A) or	Securiti Benefic Owned	es ially	Form (D) o	n: Direct r rect (I)	7. Nature of Indirect Beneficial Ownership	
										Code	v	Amou	nt (A) or (D)		Price	Reporte Transac	Following Reported Transaction(s) (Instr. 3 and 4)		1. 4)	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security		3A. Dee Execution if any (Month/	n Date,	4. Transaction Code (Instr 8)		n Number			Date Exer piration D onth/Day/	of Securities		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership			
					Code	v	(A)	(D)	Dat Exe	te ercisable	Exp	iration e			Amount or Number of Shares						
Common stock option (right to buy)	\$34.83	10/27/2005			A		1,600		10)/27/2010	10/2	27/2015	Comn stock/\$ par va	0.10	1,600	\$0	1,600		D		

Explanation of Responses:

John Bartlett, by power of attorney

11/28/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).