FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] CROATTI CYNTHIA				2. Issuer Name and Ti UNIFIRST CO		0	Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner				
(Last) 68 JONSPIN RO	(First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/28/2005						Director Officer (give title below) Executive V	Othe	er (specify w)	
(Street) WILMINGTON MA 01887				4. If Amendment, Date of Original Filed (Month/Day/Year)						. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person			
(City)	(State)	(Zip)								Form filed by Mo Person	re than One R	eporting	
	-	Table I - N	lon-Derivat	ive Securities Ad	quired,	Dis	posed of, o	or Ben	eficially	v Owned			
Date			2. Transaction Date (Month/Day/Y	Execution Date, Transaction Disposed Of (D) (Instr.				tr. 3, 4			7. Nature of Indirect Beneficial Ownership (Instr. 4)		

		Code	V	Amount	(D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock							2,740	Ι	By 401(k)
Common Stock	06/28/2005	S		200	D	\$40.57	193,034	$\mathbf{I}^{(1)}$	By Trusts and LLC
Common Stock							51,500	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		of	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

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1. The reporting person is a trustee of the Marie Croatti QTIP Trust and a Director and minority owner of the general partner of The Croatti Family Limited Partnership, which are the direct owners of 2,600,000 shares each of Class B Common Stock. The reporting person is the manager of a limited liability company, Trilogy Investment Partners LLC, and a trustee for the following trusts, that, as of the date of filing this report, combined directly own the remainder of the reported securities: The Samuel E. Brown Gallo Trust - 1989, The Nicholas C. Brown Gallo Trust - 1989, the Monica Levenstein Gallo Trust - 1989. The reporting person disclaims beneficial ownership of the reported securities; except to the extent of her pecuniary interest therein, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or any other purpose.

Cynthia Croatti, by power of	06/29/2005
attorney	00/29/2003
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** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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