UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) October 28, 2009

UNIFIRST CORPORATION

(Exact Name of Registrant as Specified in Charter)

	Massachusetts	1-8504	04-2103460
(State or Other Jurisdiction of Incorporation)		(Commission File Number)	(IRS Employer Identification No.)
		aspin Road, Wilmington, Massachusetts 01887 ress of Principal Executive Offices) (Zip Code)	
	Registrant's te	lephone number, including area code: (978) 6	58-8888
Check provis	t the appropriate box below if the Form 8-K filing is i sions:	ntended to simultaneously satisfy the filing of	bligation of the registrant under any of the following
	Written communications pursuant to Rule 425 unde (17 CFR 230.425)	er the Securities Act	
	Soliciting material pursuant to Rule 14a-12 under to (17 CFR 240.14a-12)	he Exchange Act	
	Pre-commencement communications pursuant to Re (17 CFR 240.14d-2(b))	ule 14d-2(b) under the Exchange Act	
	Pre-commencement communications pursuant to Rt (17 CFR 240.13e-4(c))	ule 13e-4(c) under the Exchange Act	

Item 2.02. Results of Operations and Financial Condition.

On October 28, 2009, UniFirst Corporation (the "Company") issued a press release ("Press Release") announcing financial results for the fiscal fourth quarter and year ended August 29, 2009. A copy of the Press Release is attached as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in this Item 2.02, including the exhibit attached hereto, shall not be deemed "filed" for any purpose, including for purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act") or otherwise subject to the liabilities of that Section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, regardless of any general incorporation language in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

EXHIBIT NO. DESCRIPTION

99 Press release of the Company dated October 28, 2009

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

/s/ Ronald D. Croatti Date: October 28, 2009 By:

Name: Ronald D. Croatti

Chairman of the Board, Chief Title:

Executive Officer and President

/s/ Steven S. Sintros By:

Name:

Steven S. Sintros Vice President and Chief Financial Officer Title:

EXHIBIT INDEX

EXHIBIT NO. DESCRIPTION

Press release of the Company dated October 28, 2009



News

For Immediate Release UniFirst Corporation

68 Jonspin Road Wilmington, MA 01887 Phone: 978- 658-8888 Fax: 978-988-0659

Email: ssintros@unifirst.com

October 28, 2009

CONTACT: Steven S. Sintros, Vice President & CFO

UNIFIRST ANNOUNCES FINANCIAL RESULTS FOR THE FISCAL 2009 FOURTH QUARTER AND FULL YEAR

Wilmington, MA (October 28, 2009) -- UniFirst Corporation (NYSE: UNF) today announced results for its fiscal fourth quarter and full year, which ended on August 29, 2009.

Revenues for the fourth quarter of fiscal 2009 were \$241.5 million, a 3.8% decrease from the previous year's \$251.0 million. Fourth quarter net income was \$17.0 million or \$0.88 per diluted common share, a 38.6% increase from the fourth quarter of fiscal 2008, when net income was \$12.3 million or \$0.63 per diluted common share.

Fiscal 2009 full year revenues were down slightly to \$1.013 billion from \$1.023 billion in fiscal 2008. However, on a comparable work week basis, revenues increased by 1.0% over the prior year, as fiscal 2008 included an extra week compared to fiscal 2009. Net income for the full year was \$75.9 million or \$3.92 per diluted common share, a 24.4% increase from fiscal 2008, when net income was \$61.0 million or \$3.15 per diluted common share.

"The rapid pace of job losses and related wearer reductions in our customer base caused a sequential decline in our quarterly revenues during the year, even as we produced solid levels of new sales and customer retention," said Ronald D. Croatti, UniFirst President and Chief Executive Officer. "Despite these challenging economic conditions, we were able to achieve record profit levels. I would like to personally thank all our thousands of Team Partner employees throughout North America and Europe for their consistent hard work and sacrifices in what proved to be a very challenging year for our Company."

The Company's core laundry revenues in the fourth quarter declined 4.0% compared to the same period in fiscal 2008; however, its income from operations increased 31.0%. Total expenses in the core laundries were down \$15.5 million from the same quarter a year ago which resulted in a fourth quarter operating margin of 12.6% compared to 9.3% a year earlier. The decline in expenses was the result of lower energy, payroll, and merchandise costs. Gasoline and natural gas costs were significantly lower in the fourth quarter of 2009, as compared with historically high levels in the same quarter of fiscal 2008. Payroll costs declined from the prior year as a result of headcount reductions made earlier in fiscal 2009. Lower workers' compensation insurance and travel costs also contributed to the decrease in expenses. These benefits were partially offset by higher healthcare and depreciation expense as well as increases to our reserve for environmental contingencies.

The Company's Specialty Garments and First Aid segments both contributed to the Company's overall growth in fourth quarter profits compared to the prior year.

UniFirst continues to generate strong cash flows and maintain a solid balance sheet. Cash produced by operating activities in fiscal 2009 was \$159.2 million compared to \$119.5 million a year earlier. Free cash flow was used primarily to reduce outstanding debt by \$53.1 million. Total debt, as a percentage of capital, as of the end of fiscal 2009, declined to 22.5% from 29.7% at the prior year end. In addition, the year end cash balance increased by \$34.5 million to \$60.2 million.

"We're very pleased with the results of our fourth quarter and have begun to see signs of economic stabilization in our customer base," Croatti said. "However, the overall employment condition remains weak and will continue to challenge our top line performance. As always, our top priority is providing first class service to our diverse customer base. In this environment, continuing to optimize the efficiency of our sales force as well as controlling costs will also be essential to achieving our short term and long term financial goals."

Conference Call Information

UniFirst will hold a conference call today at 10:00 a.m. (EDT) to discuss its quarterly financial results, business highlights and outlook. A simultaneous live webcast of the call will be available over the Internet and can be accessed at www.unifirst.com.

About UniFirst Corporation

UniFirst Corporation is one of the largest providers of workplace uniforms, protective clothing, and facility services products in North America. The Company employs nearly 10,000 Team Partners who serve more than 200,000 customer locations in 45 U.S. states, Canada, and Europe from over 200 customer service, distribution, and manufacturing facilities. UniFirst is a publicly held company traded on the New York Stock Exchange under the symbol UNF and is a component of the Standard & Poor's 600 Small Cap Index.

Forward Looking Statements

This public announcement may contain forward looking statements that reflect the Company's current views with respect to future events and financial performance. Forward looking statements contained in this public announcement are subject to the safe harbor created by the Private Securities Litigation Reform Act of 1995 and are highly dependent upon a variety of important factors that could cause actual results to differ materially from those reflected in such forward looking statements. Such factors include, but are not limited to, uncertainties regarding the Company's ability to consummate and successfully integrate acquired businesses, uncertainties regarding any existing or newly-discovered expenses and liabilities related to environmental compliance and remediation, the Company's ability to compete successfully without any significant degradation in its margin rates, seasonal fluctuations in business levels,

uncertainties regarding the price levels of natural gas, electricity, fuel and labor, the impact of negative economic conditions on the Company's customers and such customers' workforce, the continuing increase in domestic healthcare costs, demand and prices for the Company's products and services, additional professional and internal costs necessary for compliance with recent and proposed future changes in Securities and Exchange Commission (including the Sarbanes-Oxley Act of 2002), New York Stock Exchange and accounting rules, strikes and unemployment levels, the Company's efforts to evaluate and potentially reduce internal costs, economic and other developments associated with the war on terrorism and its impact on the economy and general economic conditions. When used in this public announcement, the words "anticipate," "optimistic," "believe," "estimate," "expect," "intend," and similar expressions as they relate to the Company are included to identify such forward looking statements. The Company undertakes no obligation to update any forward looking statements to reflect events or circumstances arising after the date on which such statements are made.

UniFirst Corporation and Subsidiaries Consolidated Statements of Income

(In thousands, except share and per share data)		Thirteen weeks ended August 29, 2009 (2)	_	Thirteen weeks ended August 30, 2008 (2)	_	Fifty-two weeks ended August 29, 2009	_	Fifty-three weeks ended August 30, 2008
Revenues	\$	241,472	\$	251,010	\$	1,013,416	\$	1,023,175
Costs and expenses:								
Operating costs (1)		144,997		163,089		609,629		643,886
Selling and administrative expenses (1)		52,210		52,366		211,962		216,867
Depreciation and amortization		15,106		13,690		57,789		53,784
		212,313		229,145	_	879,380		914,537
Income from operations	_	29,159	_	21,865	_	134,036	_	108,638
Other expense (income):								
Interest expense		2,172		2,569		9,313		11,999
Interest income		(500)		(556)		(1,992)		(2,224)
Foreign exchange (gain)/loss		(90)		585		250		164
		1,582	_	2,598	_	7,571	_	9,939
Income before income taxes		27,577		19,267		126,465		98,699
Provision for income taxes	_	10,556	_	6,984	_	50,613	_	37,721
Net income	\$_	17,021	\$_	12,283	\$_	75,852	\$_	60,978
Income per share – Basic:								
Common Stock	\$	0.93	\$	0.67	\$	4.14	\$	3.33
Class B Common Stock	\$	0.74	\$	0.54	\$	3.31	\$	2.66
Income per share - Diluted:								
Common Stock	\$	0.88	\$	0.63	\$	3.92	\$	3.15
Weighted average number of shares outstanding – Basic:								
Common Stock		14,408		14,380		14,394		14,363
Class B Common Stock	_	4,933		4,936		4,935		4,937
	_	19,341	_	19,316	_	19,329	_	19,300
Weighted average number of shares outstanding – Diluted:								
Common Stock	_	19,415	_	19,387	_	19,373	_	19,353
Dividends per share:								
Common Stock	\$	0.0375	\$	0.0375	\$	0.1500	\$	0.1500
Class B Common Stock	\$	0.0300	\$	0.0300	\$	0.1200	\$	0.1200
(1) Exclusive of depreciation on the Company's fixed assets and amortization of	n its in	tangible assets						

⁽¹⁾ Exclusive of depreciation on the Company's fixed assets and amortization on its intangible assets

⁽²⁾ Unaudited

UniFirst Corporation and Subsidiaries Condensed Consolidated Balance Sheets

(In thousands)	Augus 200		August 30, 2008
Assets			
Current assets:			
Cash and cash equivalents	\$ 6	0,151	\$ 25,655
Receivables, net	g	7,784	102,830
Inventories	4	13,586	46,154
Rental merchandise in service	7	3,063	92,315
Deferred income taxes	2	24,901	15,431
Prepaid expenses		2,889	1,720
Total current assets	30	2,374	284,105
Property, plant and equipment:			
Land, buildings and leasehold improvements	3.7	25,034	314,370
Machinery and equipment		52,511	327,705
Motor vehicles		3,048	102,805
WIOTOT VCHICICS		3,040	102,803
	79	0,593	744,880
Less - accumulated depreciation	40	7,823	376,319
	38	32,770	368,561
Goodwill	26	51,171	258,836
Customer contracts and other intangible assets, net		0,054	67,450
Other assets		2,416	2,715
Other assets		2,410	2,713
	\$	08,785	\$ 981,667
Liabilities and shareholders' equity			
Current liabilities:			
Current maturities of long-term obligations	\$	6,447	\$ 4,222
Accounts payable	4	1,180	54,822
Accrued liabilities	10	04,003	91,837
Accrued income taxes		2,437	
Total current liabilities	15	54,067	150,881
I was to see the control of the cont	1.7	15.560	221 217
Long-term obligations, net of current maturities Deferred income taxes		75,568	231,317
Deferred income taxes		52,115	42,699
Shareholders' equity:			
Common Stock		1,443	1,438
Class B Common Stock		493	494
Capital surplus		20,137	18,240
	60)5,262	532,164
Retained earnings		(300)	4,434
		(300)	
Retained earnings	62	27,035	556,770

UniFirst Corporation and Subsidiaries Detail of Operating Results

Revenues

(In thousands, except percentages)		Thirteen weeks ended August 29, 2009 (1)	_	Thirteen weeks ended August 30, 2008 (1)	_	Dollar Change	Percent Change
Core Laundry Operations	\$	217,667	\$	226,643	\$	(8,976)	-4.0%
Specialty Garments	Ψ	16,620	Ψ	16,854	Ψ	(234)	-1.4
First Aid		7,185		7,513		(328)	-4.4
Consolidated total	\$	241,472	\$	251,010	\$	(9,538)	-3.8%
(In thousands, except percentages)		Fifty-two weeks ended August 29, 2009	_	Fifty-three weeks ended August 30, 2008		Dollar Change	Percent Change
Core Laundry Operations	\$	912,661	\$	919,986	\$	(7,325)	-0.8%
Specialty Garments	Ψ	72,340	Ψ	71,637	Ψ	703	1.0
First Aid		28,415		31,552		(3,137)	-9.9
Consolidated total	\$	1,013,416	\$	1,023,175	\$	(9,759)	-1.0%
Income from Operations (In thousands, except percentages)		Thirteen weeks ended August 29, 2009 (1)	_	Thirteen weeks ended August 30, 2008 (1)	_	Dollar Change	Percent Change
Core Laundry Operations	\$	27,462	\$	20,968	\$	6,494	31.0%
Specialty Garments		949		364		585	160.8
First Aid		748		533		215	40.1
Consolidated total	\$	29,159	\$	21,865	\$	7,294	33.4%
		Fifty-two weeks ended August 29,		Fifty-three weeks ended August 30,		Dollar	Percent
(In thousands, except percentages)		2009	_	2008	_	Change	Change
Core Laundry Operations	\$	125,393	\$	103,547	\$	21,846	21.1%
Specialty Garments							
		7,360		4,204		3,156	75.1
First Aid		7,360 1,283		4,204 887		3,156 396	75.1 44.5
First Aid Consolidated total	\$_		\$,	\$_	/	

(1) Unaudited

UniFirst Corporation and Subsidiaries Consolidated Statements of Cash Flows

Year ended (In thousands)	August 29, 2009		August 30, 2008	
Cash flows from operating activities:		<u>-</u>		
Net income	\$ 75,852	\$ 6	50,978	
Adjustments to reconcile net income to cash provided by operating activities:				
Depreciation	48,855	4	45,432	
Amortization of intangible assets	8,934		8,352	
Amortization of deferred financing costs	267		267	
Share-based compensation	1,024		1,118	
Accretion on asset retirement obligations	517		486	
Deferred income taxes	1,328		1,206	
Changes in assets and liabilities, net of acquisitions:				
Receivables	4,079		(8,542)	
Inventories	2,452		(1,816)	
Rental merchandise in service	19,334		(2,011)	
Prepaid expenses	(1,174)		9	
Accounts payable	(13,365)		9,606	
Accrued liabilities	8,224		3,775	
Accrued income taxes	2,868		605	
Net cash provided by operating activities	159,195	11	19,465	
Cash flows from investing activities:	(4.520)		(0.050)	
Acquisition of businesses, net of cash acquired	(4,730)		50,952)	
Capital expenditures	(65,323)	()	73,795)	
Other	304		1,116	
Net cash used in investing activities	(69,749)	(13	33,631)	
Cash flows from financing activities:				
Proceeds from long-term obligations	140.628	17	75,455	
Payments on long-term obligations	(193,761)		45,620)	
Proceeds from exercise of Common Stock options	689	(-	518	
Payment of cash dividends	(2,754)		(2,748)	
Net cash (used in) provided by financing activities	(55,198)		27,605	
Effect of exchange rate changes	248		(482)	
Net increase in cash and cash equivalents	34,496	1	12,957	
Cash and cash equivalents at beginning of period	25,655	1	12,698	
Cash and cash equivalents at end of period	\$60,151	\$2	25,655	