UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) October 23, 2013

UNIFIRST CORPORATION

(Exact Name of Registrant as Specified in Charter)

Massachusetts

(State or Other Jurisdiction of Incorporation)

001-08504 (Commission File Number) 04-2103460

(IRS Employer Identification No.)

68 Jonspin Road, Wilmington, Massachusetts 01887 (Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (978) 658-8888

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition.

On October 23, 2013, UniFirst Corporation (the "Company") issued a press release ("Press Release") announcing financial results for the fourth quarter and full year for fiscal 2013, which ended on August 31, 2013. A copy of the Press Release is attached as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in this Item 2.02, including the exhibit attached hereto, shall not be deemed "filed" for any purpose, including for purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act") or otherwise subject to the liabilities of that Section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, regardless of any general incorporation language in such filing.

Item 9.01.	Financial Statements and Exhibits.
(d) Exhibits	
EXHIBIT NO.	DESCRIPTION
99	Press release of the Company dated October 23, 2013

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

Date: October 23, 2013

By:	/s/ Ronald D. Croatti
Name:	Ronald D. Croatti
Title:	Chairman of the Board, Chief
	Executive Officer and President
By:	/s/ Steven S. Sintros
Name:	Steven S. Sintros
Title:	Vice President and Chief Financial Officer

EXHIBIT INDEX

EXHIBIT NO. DESCRIPTION

9 9 Press release of the Company dated October 23, 2013

Exhibit 99

News



For Immediate Release UniFirst Corporation 68 Jonspin Road Wilmington, MA 01887 Phone: 978- 658-8888 Fax: 978-988-0659 Email: ssintros@UniFirst.com

October 23, 2013 CONTACT: Steven S. Sintros, Vice President & CFO

UNIFIRST ANNOUNCES FISCAL 2013 FOURTH QUARTER AND FULL YEAR RESULTS

Wilmington, MA (October 23, 2013) -- UniFirst Corporation (NYSE: UNF) today announced results for its fourth fiscal quarter ended August 31, 2013. Revenues were \$352.9 million, up 13.0% from \$312.4 million in the year ago period. Net income was \$30.6 million (\$1.52 per diluted share), compared to \$22.5 million (\$1.13 per diluted share) reported in the year ago period.

The fourth quarter as well as the full fiscal year included an extra week of operations compared to fiscal 2012 as fiscal 2013 was a 53 week year for the Company. The extra week in fiscal 2013 accounted for revenue growth of approximately 8.1% and 2.0% compared to the fourth quarter and full year of fiscal 2012, respectively.

Full year revenues were \$1.356 billion, up 7.9% from \$1.256 billion in fiscal 2012. Net income per diluted share for the full year was \$5.81 compared to \$4.76 in the same period a year ago. Full year results in fiscal 2012 included an environmental litigation settlement which resulted in a \$6.7 million pretax gain in the third quarter of fiscal 2012. The gain was recorded as a reduction of selling and administrative expenses. Diluted earnings per share for fiscal 2012 adjusted to eliminate the effect of the gain were \$4.55. Fiscal 2013 diluted earnings per share increased 27.7% compared to the adjusted earnings from a year ago.

Ronald D. Croatti, UniFirst President and Chief Executive Officer said, "We are very pleased with our results for the quarter and the full fiscal year which saw the company once again reach new heights for revenues and profits. Our success continues to be the result of the teamwork and execution by our thousands of employees who provide what we believe are industry leading products and service."

Fourth quarter revenues in the Core Laundry Operations were \$320.4 million, up 13.8% from those reported in the prior year's fourth quarter. Excluding the impact of the extra week of operations, acquisitions and a slightly weaker Canadian dollar, revenues grew 5.3%. Operating margin in the Core Laundry Operations for the quarter was 14.2% compared to 12.3% a year ago. This increase in the quarterly operating margin was primarily the result of lower merchandise amortization, plant labor and bad debt expense as a percentage of revenues compared to the prior year. These favorable comparisons were partially offset by higher health care claims and other payroll related costs as a percentage of revenues.

Both the fourth quarter of fiscal 2013 and fiscal 2012 also benefited from reductions in reserves for worker's compensation and other insurance related liabilities of approximately \$2.3 million and \$1.9 million, respectively, based on changes in third-party actuarial estimates.

Revenues for the Specialty Garments segment, which consists of nuclear decontamination and cleanroom operations, were \$19.9 million, up slightly from \$19.7 million in the fourth quarter of fiscal 2012. This segment had income from operations for the quarter of \$1.0 million, compared to a loss from operations of \$0.7 million in the same quarter a year ago. This improvement in profitability was primarily the result of several non-recurring expense items in the fourth quarter of fiscal 2012.

The effective income tax rate was 36.5% for both the fourth quarter of fiscal 2013 and fiscal 2012.

UniFirst continues to maintain a solid balance sheet and financial position. Cash and cash equivalents at year end totaled \$197.5 million, up from \$120.1 million at the end of fiscal 2012. Cash provided by operating activities for fiscal 2013 was \$211.6 million, up 30.8% compared to \$161.7 million for fiscal 2012. The improved cash flows were primarily the result of higher earnings as well as lower cash outflows related to merchandise in service investments. In addition, the Company's cash position also benefited from a change in tax regulations impacting the timing of deductions allowable for certain merchandise in service. Subsequent to the fiscal year end, the Company used cash on hand to pay down \$100 million in private placement notes that came due during September.

<u>Outlook</u>

Mr. Croatti continued, "As we look towards fiscal 2014, we continue to experience economic uncertainty as well as prospective customers that are hesitant to make new buying decisions. Based on the current environment, we expect fiscal 2014 revenues to be between \$1.372 billion and \$1.385 billion and full year EPS to be between \$5.60 and \$5.85. As a reminder, fiscal 2014 will be a 52 week year for the Company compared to fiscal 2013 which was a 53 week year. This guidance assumes a further decline in our Specialty Garments' revenues and operating income of 9% and 15%, respectively, as well as no deterioration in the U.S. economy."

Conference Call Information

UniFirst will hold a conference call today at 10:00 a.m. (ET) to discuss its quarterly financial results, business highlights and outlook. A simultaneous live webcast of the call will be available over the Internet and can be accessed at www.unifirst.com.

About UniFirst Corporation

UniFirst Corporation is one of the largest providers of workplace uniforms, protective clothing, and facility services products in North America. The Company employs approximately 11,500 Team Partners who serve more than 250,000 customer locations in 45 U.S. states, Canada, and Europe from over 200 customer service, distribution, and manufacturing facilities. UniFirst is a publicly held company traded on the New York Stock Exchange under the symbol UNF and is a component of the Standard & Poor's 600 Small Cap Index.

Forward Looking Statements

This public announcement may contain forward looking statements that reflect the Company's current views with respect to future events and financial performance. Forward looking statements contained in this public announcement are subject to the safe harbor created by the Private Securities Litigation Reform Act of 1995 and are highly dependent upon a variety of important factors that could cause actual results to differ materially from those reflected in such forward looking statements. Such factors include, but are not limited to, uncertainties regarding the Company's ability to consummate and successfully integrate acquired businesses, uncertainties regarding any existing or newly-discovered expenses and liabilities related to environmental compliance and remediation, any adverse outcome of pending or future contingencies or claims, the Company's ability to compete successfully without any significant degradation in its margin rates, seasonal fluctuations in business levels, our ability to preserve positive labor relationships and avoid becoming the target of corporate labor unionization campaigns that could disrupt our business, the effect of currency fluctuations on our results of operations and financial condition, our dependence on third parties to supply us with raw materials, any loss of key management or other personnel, increased costs as a result of any future changes in federal or state laws, rules and regulations or governmental interpretation of such laws, rules and regulations, uncertainties regarding the price levels of natural gas, electricity, fuel and labor, the impact of adverse economic conditions and the current tight credit markets on our customers and such customers' workforce, the level and duration of workforce reductions by our customers, the continuing increase in domestic healthcare costs, demand and prices for our products and services, rampant criminal activity and instability in Mexico where our principal garment manufacturing plants are located, our ability to properly and efficiently design, construct, implement and operate our new CRM computer system, additional professional and internal costs necessary for compliance with recent and proposed future changes in Securities and Exchange Commission, New York Stock Exchange and accounting rules, strikes and unemployment levels, the Company's efforts to evaluate and potentially reduce internal costs, economic and other developments associated with the war on terrorism and its impact on the economy, general economic conditions and other factors described under "Item 1A. Risk Factors" in the Company's Annual Report on Form 10-K for the year ended August 25, 2012 and in other filings with the Securities and Exchange Commission. When used in this public announcement, the words "anticipate," "optimistic," "believe," "estimate," "expect," "intend," and similar expressions as they relate to the Company are included to identify such forward looking statements. The Company undertakes no obligation to update any forward looking statements to reflect events or circumstances arising after the date on which such statements are made.

UniFirst Corporation and Subsidiaries

Consolidated Statements of Income

(In thousands, except per share data)	wee Au	ourteen eks ended 1gust 31, 2013 (2)	wee Au	hirteen ks ended gust 25, 012 (2)	w	Fifty-three reeks ended August 31, 2013 (2)	w	Fifty-two reeks ended August 25, 2012
Revenues	\$	352,876	\$	312,374	\$	1,355,515	\$	1,256,289
Operating expenses:								
Cost of revenues (1)		218,136		198,935		836,174		797,944
Selling and administrative expenses (1)		68,640		61,369		263,531		240,798
Depreciation and amortization		18,542		16,824		69,607		66,439
Total operating expenses		305,318		277,128		1,169,312		1,105,181
Income from operations	. <u></u>	47,558		35,246		186,203		151,108
Other (income) expense:								
Interest expense		327		493		1,651		2,132
Interest income		(729)		(702)		(3,201)		(2,738)
Exchange rate (gain) loss		(177)		(48)		144		980
		(579)		(257)		(1,406)		374
Income before income taxes		48,137		35,503		187,609		150,734
Provision for income taxes		17,576		12,971		70,924		55,745
Net income	\$	30,561	\$	22,532	\$	116,685	\$	94,989
Income per share – Basic								
Common Stock	\$	1.61	\$	1.19	\$	6.14	\$	5.02
Class B Common Stock	\$	1.29	\$	0.95	\$	4.91	\$	4.01
Income per share – Diluted								
Common Stock	\$	1.52	\$	1.13	\$	5.81	\$	4.76
Income allocated to – Basic								
Common Stock	\$	24,123	\$	17,717	\$	91,916	\$	74,643
Class B Common Stock	\$	6,033	\$	4,416	\$	22,913	\$	18,630
Income allocated to – Diluted								
Common Stock	\$	30,178	\$	22,153	\$	114,927	\$	93,358
Weighted average number of shares outstanding – Basic								
Common Stock		15,017		14,912		14,975		14,882
Class B Common Stock		4,694		4,647		4,666		4,643
Weighted average number of shares outstanding – Diluted								
Common Stock		19,882		19,664		19,789		19,616

(1) Exclusive of depreciation on the Company's property, plant and equipment and amortization on its intangible assets

(2) Unaudited

UniFirst Corporation and Subsidiaries

Condensed Consolidated Balance Sheets

(In thousands)	August 31, 2013 (1)		August 25, 2012		
Assets					
Current assets:					
Cash and cash equivalents	\$ 197,479		120,123		
Receivables, net	142,217		135,327		
Inventories	74,35		75,420		
Rental merchandise in service	132,63		138,284		
Prepaid and deferred income taxes	7,079		12,785		
Prepaid expenses	7,61	<u> </u>	5,741		
Total current assets	561,374	<u> </u>	487,680		
Property, plant and equipment:					
Land, buildings and leasehold improvements	376,222		355,568		
Machinery and equipment	474,402		425,274		
Motor vehicles	153,219)	141,370		
	1,003,84		922,212		
Less - accumulated depreciation	546,157		510,008		
	457,680	<u> </u>	412,204		
Goodwill	302,36	;	288,137		
Customer contracts and other intangible assets, net	49,34	ł	50,531		
Other assets	2,658	<u> </u>	1,982		
	\$ 1,373,423	\$	1,240,534		
Liabilities and shareholders' equity					
Current liabilities:					
Loans payable and current maturities of long-term debt	\$ 111,255	3 \$	6,831		
Accounts payable	54,22		52,340		
Accrued liabilities	86,994		78,174		
Accrued and deferred income taxes	6,42		8,180		
Total current liabilities	258,889	<u> </u>	145,525		
Long-term liabilities:					
Long-term debt, net of current maturities	15:	5	100,155		
Accrued liabilities	45.03		43,420		
Accrued and deferred income taxes	55,940		54,509		
Total long-term liabilities	101,133	3	198,084		
Shareholders' equity: Common Stock	1 51	2	1 504		
Class B Common Stock	1,51: 48		1,506 488		
Class B Common Stock Capital surplus	48 51,44:		488 42,984		
Retained earnings	958,50		42,984 844,676		
Accumulated other comprehensive income	1,44		7,271		
			,,2/1		
Total shareholders' equity	1,013,398	<u> </u>	896,925		
	<u>\$</u> 1,373,423	5 \$	1,240,534		

UniFirst Corporation and Subsidiaries Detail of Operating Results

Revenues

(In thousands, except percentages)	Fourteen weeks ended August 31, 2013 (1)	Thirteen weeks ended August 25, 2012 (1)	Dollar Change	Percent Change	
Core Laundry Operations	\$ 320,447	\$ 281,662	\$ 38,785	13.8%	
Specialty Garments	19,884	19,726	158	0.8	
First Aid	12,545	10,986	1,559	14.2	
Consolidated total	\$ 352,876	\$ 312,374	\$ 40,502	13.0%	
	Fifty-three	Fifty-two		Percent	
	weeks ended August 31,	weeks ended August 25,	Dollar	Percent	
(In thousands, except percentages)	weeks ended		Dollar Change	Percent Change	
(In thousands, except percentages) Core Laundry Operations	weeks ended August 31,	August 25,			
	weeks ended August 31, 2013 (1)	August 25, 2012	Change	Change	
Core Laundry Operations	weeks ended August 31, 2013 (1) \$ 1,214,365	August 25, 2012 \$ 1,112,323	Change \$ 102,042	Change 9.2%	

Income from Operations

(In thousands, except percentages)	wee	ourteen eks ended igust 31, 2013 (1)	wee Au	hirteen ks ended gust 25, 012 (1)	Dollar Change	Percent Change
Core Laundry Operations	\$	45,451	\$	34,579	\$ 10,872	31.4%
Specialty Garments		984		(715)	1,699	237.6
First Aid		1,123		1,382	(259)	-18.7
Consolidated total	\$	47,558	\$	35,246	\$ 12,312	34.9%
(In thousands, except percentages)	we At	ifty-three eks ended ugust 31, 2013 (1)	we	ifty-two eks ended agust 25, 2012	Dollar Change	Percent Change
(In thousands, except percentages) Core Laundry Operations	we At	eks ended ugust 31,	we	eks ended 1gust 25,		
	we At	eks ended ugust 31, 2013 (1)	wee Au	eks ended 1gust 25, 2012	 Change	Change
Core Laundry Operations	we At	eks ended ugust 31, 2013 (1) 170,662	wee Au	eks ended agust 25, 2012 133,285	 37,377	Change 28.0%

(1) Unaudited

UniFirst Corporation and Subsidiaries Consolidated Statements of Cash Flows

(In thousands)		Yifty-three eeks ended .ugust 31, 2013 (1)	Fifty-two weeks ended August 25, 2012
Cash flows from operating activities:			
Net income	\$	116,685	\$ 94,989
Adjustments to reconcile net income to cash provided by operating activities:			
Depreciation		59,810	55,877
Amortization of intangible assets		9,797	10,562
Amortization of deferred financing costs		238	238
Share-based compensation		6,315	6,714
Accretion on environmental contingencies		542	631
Accretion on asset retirement obligations		676	632
Deferred income taxes		20,666	(330)
Changes in assets and liabilities, net of acquisitions:			
Receivables		(6,666)	(7,595)
Inventories		1,146	590
Rental merchandise in service		7,079	(12,017)
Prepaid expenses		(939)	(1,763)
Accounts payable		2,130	(3,688)
Accrued liabilities		9,452	5,518
Prepaid and accrued income taxes		(15,360)	11,360
Net cash provided by operating activities		211,571	161,718
Cash flows from investing activities:			
Acquisition of businesses		(30,714)	
Capital expenditures		(103,526)	(74,549)
Other		54	(508)
Net cash used in investing activities		(134,186)	(75,057)
Cash flows from financing activities:			
Proceeds from loans payable and long-term obligations		4,533	40,410
Payments on loans payable and long-term obligations		(24)	(55,851)
Proceeds from exercise of Common Stock options, including excess tax benefits		5,488	2,410
Taxes withheld and paid related to net share settlement of equity awards		(3,332)	
Payment of cash dividends		(2,851)	(2,840)
Net cash provided by (used in) financing activities		3,814	(15,871)
Effect of exchange rate changes		(3,843)	521
Net increase in cash and cash equivalents		77,356	71,311
Cash and cash equivalents at beginning of period		120,123	48,812
Cash and cash equivalents at end of period	\$	197,479	\$ 120,123

(1) Unaudited