SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Katz David Martin</u>		uer Name and Ticke IFIRST COR		Symbol	(Check	tionship of Reportir all applicable) Director	10% C	Dwner
(Last) (First) (Midd C/O UNIFIRST CORP		te of Earliest Transa 5/2024	action (Month/	Day/Year)	~	Officer (give title below) Executive VP,	below	,
68 JONSPIN ROAD	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Line)						
(Street) WILMINGTON MA 0188					V	Form filed by On Form filed by Mo Person		
(City) (State) (Zip)		Rule 10b5-1(c) Transaction Indication					ten plan that is int	ended to
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security (Instr. 3)	2. Transaction Date	2A. Deemed Execution Date,	3. Transaction	4. Securities Acquired (A Disposed Of (D) (Instr. 3)		5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect

Code V Amount (A) or (D) Price Transaction(s) (Instr. 3 and 4) (Instr. 4) Common Stock 07/15/2024 S 550 D \$175 6,259 ⁽¹⁾ D		(Month/Day/Year)	Code (8)			(D) (Ilisti	. 5, 4 anu		(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
Common Stock 07/15/2024 S 550 D \$175 6,259 ⁽¹⁾ D			Code	v	Amount	(A) or (D)	Price	Transaction(s)		(11150.4)
	Common Stock	07/15/2024	S		550	D	\$175	6,259(1)	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Consists of 194 restricted stock units that vest in one remaining annual installment on October 31, 2024, 468 restricted stock units that vest in two remaining equal annual installments on October 31, 2024, and October 31, 2025, 896 restricted stock units that vest in three remaining equal annual installments on October 31, 2024, October 31, 2025, 896 restricted stock units that vest in four remaining equal annual installments on October 31, 2025, October 31, 2024, October 31, 2025, 0ctober 31, 2025, October 31, 2025, 0ctober 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2026, October 31, 2027, 2,053 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, October 31, 2026, October 31, 2027, 2,053 restricted stock units that vest in five equal annu

/s/ Steven S. Sintros,	
Attorney-in-Fact	

07/17/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.