

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>Katz David Martin</u> (Last) (First) (Middle) C/O UNIFIRST CORP 68 JONSPIN ROAD (Street) WILMINGTON MA 01887 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>UNIFIRST CORP [UNF]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Executive VP, Sales/Marketing</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>11/19/2024</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/19/2024		M		2,667	A	\$0	8,292	D	
Common Stock	11/19/2024		F		2,080	D	\$192.67	6,212	D	
Common Stock	11/19/2024		S		587 ⁽¹⁾	D	\$193.08	5,625	D	
Common Stock	11/19/2024		A		1,686	A	\$0	7,311	D	
Common Stock	11/19/2024		A		771 ⁽²⁾	A	\$0	8,082	D	
Common Stock	11/19/2024		F		328 ⁽³⁾	D	\$192.83	7,754 ⁽⁴⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Amount or Number of Shares
Stock Appreciation Right	\$119	11/19/2024		M			2,667	10/24/2021	10/24/2026	Common Stock (\$0.10 par value)	2,667	\$0	0	D	
Stock Appreciation Right ⁽⁵⁾	\$192.83	11/19/2024		A			2,459	(5)	11/19/2034	Common Stock (\$0.10 par value)	2,459	\$0	2,459	D	

Explanation of Responses:

- Represents shares sold pursuant to a trading plan intended to comply with Rule 10b5-1(c) and adopted on July 15, 2024.
- Represents restricted stock units that were earned based on the achievement of certain performance criteria and which vested.
- Represents shares of Common Stock withheld by UniFirst Corporation to satisfy certain tax withholding obligations in connection with the vesting of certain restricted stock units.
- Consists of 234 restricted stock units that vest in one remaining equal annual installment on October 31, 2025, 598 restricted stock units that vest in two remaining equal annual installments on October 31, 2025 and October 31, 2026, 1,064 restricted stock units that vest in three remaining equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027, 1,643 restricted stock units that vest in four equal annual installments on October 31, 2025, October 31, 2026, October 31, 2027 and October 31, 2028, 1,686 restricted stock units that vest in three equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027 and 2,529 shares of Common Stock owned by the reporting person.
- This stock appreciation right, which was granted under the 2023 Plan, becomes vested and exercisable in three equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027. This stock appreciation right is required to be settled in stock at the time of exercise.

/s/ Andrea Ballute, Attorney-in-Fact 11/22/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.