## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre	ss of Reporting Pers YNTHIA	son <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [ UNF ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 68 JONSPIN RO	(First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/04/2004		Officer (give title below) Executive VP &	Other (specify below)			
(Street) WILMINGTON MA 01887 (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock/\$.10 Par Value	06/04/2004		S		200	D	\$26.5	227,920	D	
Common Stock/\$.10 Par Value	06/04/2004		S		100	D	\$26.56	227,820	D	
Common Stock/\$.10 Par Value	06/04/2004		S		200	D	\$26.57	227,620	D	
Common Stock/\$.10 Par Value	06/04/2004		S		100	D	\$26.58	227,520	D	
Common Stock/\$.10 Par Value	06/04/2004		S		100	D	\$26.61	227,420	D	
Common Stock/\$.10 Par Value	06/04/2004		S		100	D	\$26.65	227,320	D	
Common Stock/\$.10 Par Value	06/04/2004		S		200	D	\$26.68	227,120	D	

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(0.9.) P	,	,		,	•••••••			,,				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		of Deriv Secu Acqu (A) o Dispo of (D	r osed ) <sup>.</sup> .3,4	Expiration D	piration Date Amo onth/Day/Year) Sec Unc Der		lying tive ty (Instr.	of deriv Derivative Secu Security Bene (Instr. 5) Own Follo Repo Tran	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form:	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

Cynthia Croatti, by pov	ver of
attorney	

\*\* Signature of Reporting Person Date

06/04/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.