UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) March 30, 2016

UNIFIRST CORPORATION

(Exact Name of Registrant as Specified in Charter)

Massachusetts		001-08504	04-2103460			
((State or Other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)			
	68 Jor	nspin Road, Wilmington, Massachusetts 01887				
	(Addı	ress of Principal Executive Offices) (Zip Code)				
	Registrant's te	elephone number, including area code: (978) 65	8-8888			
	ck the appropriate box below if the Form 8-K filing i wing provisions:	s intended to simultaneously satisfy the filing o	bligation of the registrant under any of the			
[]	Written communications pursuant to Rule 425 ur (17 CFR 230.425)	nder the Securities Act				
[]	Soliciting material pursuant to Rule 14a-12 unde (17 CFR 240.14a-12)	r the Exchange Act				
[]	Pre-commencement communications pursuant to (17 CFR 240.14d-2(b))	Rule 14d-2(b) under the Exchange Act				
[]	Pre-commencement communications pursuant to (17 CFR 240.13e-4(c))	Rule 13e-4(c) under the Exchange Act				

Item 2.02. Results of Operations and Financial Condition.

On March 30, 2016, UniFirst Corporation (the "Company") issued a press release ("Press Release") announcing financial results for the second quarter and first half of fiscal 2016, which ended on February 27, 2016. A copy of the Press Release is attached as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in this Item 2.02, including the exhibit attached hereto, shall not be deemed "filed" for any purpose, including for purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act") or otherwise subject to the liabilities of that Section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, regardless of any general incorporation language in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

EXHIBIT NO. DESCRIPTION

99 Press release of the Company dated March 30, 2016

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

Date: March 30, 2016 By: /s/ Ronald D. Croatti

Name: Ronald D. Croatti

Title: Chairman of the Board, Chief

Executive Officer and President

By: /s/ Steven S. Sintros

Name: Steven S. Sintros

Title: Senior Vice President and Chief Financial

Officer

EXHIBIT INDEX

EXHIBIT NO. DESCRIPTION

99 Press release of the Company dated March 30, 2016





For Immediate Release UniFirst Corporation 68 Jonspin Road Wilmington, MA 01887 Phone: 978-688-8888 Fax: 978-988-0659 Email: ssintros@UniFirst.com

March 30, 2016

CONTACT: Steven S. Sintros, Senior Vice President & CFO

UNIFIRST ANNOUNCES FINANCIAL RESULTS FOR THE SECOND QUARTER OF FISCAL 2016

Wilmington, MA (March 30, 2016) — UniFirst Corporation (NYSE: UNF) today announced results for its second quarter ended February 27, 2016. Revenues for the quarter were \$363.1 million, up 0.5% from \$361.5 million in the year ago period. Net income was \$23.5 million (\$1.16 per diluted share), down 7.7% from \$25.4 million (\$1.26 per diluted share) in the second quarter of fiscal 2015. As a reminder, the results in the second quarter of fiscal 2015 included a \$3.6 million charge to selling and administrative expenses to increase the Company's environmental contingency reserves. Excluding the effect of this item, net income for the second quarter a year ago would have been \$27.7 million (\$1.37 per diluted share). In addition, the comparison of net income was negatively impacted by a higher effective tax rate in the current quarter compared to the same period a year ago due to a change in the mix of jurisdictional earnings.

Ronald D. Croatti, UniFirst President and Chief Executive Officer said, "Our growth during the second quarter continued to be negatively impacted by the loss of uniform wearers and customers in energy dependent markets in the United States and Canada. In fact, during the quarter, uniform wearer reductions accelerated from our first quarter experience."

Core Laundry revenues in the quarter were \$331.4 million, down 0.2% from those reported in the prior year's second quarter. Adjusting for the effects of acquisitions and a weaker Canadian dollar, revenues grew 0.5%. Excluding the environmental charge from the second quarter of fiscal 2015, this segment's operating margin decreased to 10.9% from an adjusted operating margin of 13.4% a year ago. The largest driver of the margin decline was significantly higher healthcare claims incurred during the quarter compared to a year ago which impacted the margin comparison by a full 1%. Merchandise as well as many of our other costs were also higher than the prior year which negatively impacted the margin further due to the lack of top line growth in this segment. These items were partially offset by lower energy expenses during the quarter compared to a year ago.

Revenues for the Specialty Garments segment, which consists of nuclear decontamination and cleanroom operations, were \$20.5 million, up 9.6% from \$18.7 million in the second quarter of fiscal 2015. Due primarily to the improved revenue performance, this segment's income from operations increased to \$1.1 million in the current quarter from a loss of \$0.4 million in last year's comparable period.

UniFirst continues to maintain a solid balance sheet with no long-term debt and increasing cash balances. Net cash provided by operating activities in the first six months of fiscal 2016 was \$105.5 million, down only slightly from the same period in fiscal 2015, and cash and cash equivalents at the end of the fiscal quarter totaled \$335.0 million, up from \$276.6 million at the end of fiscal 2015.

Outlook

Mr. Croatti continued, "At this time we are adjusting our guidance to reflect the effect of the continuing weak energy market conditions on our customer base. In addition, the new guidance includes the effect of higher than anticipated healthcare claims experienced in the first half of the fiscal year as well as a higher effective tax rate. We now believe full year fiscal 2016 revenues will be between \$1.455 billion and \$1.467 billion and full year diluted EPS will be between \$5.45 and \$5.65."

Conference Call Information

UniFirst will hold a conference call today at 10:00 a.m. (ET) to discuss its quarterly financial results, business highlights and outlook. A simultaneous live webcast of the call will be available over the Internet and can be accessed at www.unifirst.com.

About UniFirst Corporation

Headquartered in Wilmington, Mass., UniFirst Corporation is a North American leader in the supply and servicing of uniform and workwear programs, as well as the delivery of facility service programs. Together with its subsidiaries, the company also provides first aid and safety products, and manages specialized garment programs for the cleanroom and nuclear industries. UniFirst manufactures its own branded workwear, protective clothing, and floorcare products, and with more than 225 service locations, 275,000 customer locations, and 12,000 employee Team Partners, the Company outfits more than 1.5 million workers each business day. UniFirst is a publicly held company traded on the New York Stock Exchange under the symbol UNF and is a component of the Standard & Poor's 600 Small Cap Index. For more information visit www.unifirst.com.

Forward Looking Statements

This public announcement contains forward looking statements that reflect the Company's current views with respect to future events and financial performance, including projected revenues and earnings per share. Forward looking statements contained in this public announcement are subject to the safe harbor created by the Private Securities Litigation Reform Act of 1995 and may be identified by words such as "estimates," "anticipates," "projects," "plans," "expects," "intends," "believes," "seeks," "could," "should," "may," "will," or the negative versions thereof, and similar expressions and by the context in which they are used. Such forward looking statements are based upon our current expectations and speak only as of the date made. Such statements are highly dependent upon a variety of risks, uncertainties and other important factors that could cause actual results to differ materially from those reflected in such forward looking statements. Such factors include, but are not limited to, our ability to compete successfully without any significant degradation in our margin rates, uncertainties caused by the continuing adverse worldwide economic conditions and their impact on our customers' businesses and workforce levels, uncertainties regarding any existing or newly-discovered expenses and liabilities related to environmental compliance and remediation, any adverse outcome of pending or future contingencies or claims, uncertainties regarding our ability to consummate and successfully integrate acquired businesses, our ability to preserve positive labor relationships and avoid becoming the target of corporate labor unionization campaigns that could disrupt our business, the continuing increase in domestic healthcare costs, including the ultimate impact of the Affordable Care Act, our retention of customers and renewal of customer contracts, uncertainties regarding the price levels of natural gas, electricity, fuel and labor, the negative effect on our business from sharply depressed oil prices, fluctuation on our revenue and net income from our specialty garments segment, the effect of currency fluctuations on our results of operations and financial condition, rampant criminal activity and instability in Mexico where our principal garment manufacturing plants are located, the impact on our goodwill and intangibles that might result from adverse financial and economic changes, our ability to properly and efficiently design, construct, implement and operate our new customer relationship management ("CRM") computer system, interruptions or failures of our information technology systems, including as a result of cyber-attacks, failure to comply with other state and federal regulations that might result in penalties or costs, seasonal and quarterly fluctuations in business levels, any loss of key management or other personnel, our dependence on third parties to supply us with raw materials, increased costs as a result of any future changes in federal or state laws, rules and regulations or governmental interpretation of such laws, rules and regulations, demand and prices for our products and services, economic and other developments associated with the war on terrorism and its impact on the economy, general economic conditions and other factors described under "Item 1A. Risk Factors" in our Annual Report on Form 10-K for the year ended August 29, 2015 and in our other filings with the Securities and Exchange Commission. We undertake no obligation to update any forward looking statements to reflect events or circumstances arising after the date on which such statements are made.

UniFirst Corporation and Subsidiaries Consolidated Statements of Income (Unaudited)

(In thousands, except per share data)	we	Chirteen eks ended oruary 27, 2016	we	Thirteen eeks ended bruary 28, 2015	W	wenty-six eeks ended bruary 27, 2016	we	wenty-six eeks ended bruary 28, 2015
Revenues	\$	363,097	\$	361,462	\$	736,481	\$	731,823
Operating expenses:								
Cost of revenues (1)		229,672		223,874		452,275		443,227
Selling and administrative expenses (1)		75,423		77,245		148,172		149,627
Depreciation and amortization		19,809		18,792		39,547		36,829
Total operating expenses		324,904		319,911		639,994		629,683
Income from operations		38,193		41,551		96,487		102,140
Other (income) expense:								
Interest expense		218		239		439		427
Interest income		(892)		(944)		(1,656)		(1,748)
Foreign exchange (gain) loss		(132)		880		347		1,251
Total other (income) expense		(806)		175		(870)		(70)
Income before income taxes		38,999		41,376		97,357		102,210
Provision for income taxes	<u> </u>	15,501	_	15,930	_	37,969		39,351
Net income	\$	23,498	\$	25,446	\$	59,388	\$	62,859
Income per share – Basic								
Common Stock	\$	1.23	\$	1.33	\$	3.10	\$	3.29
Class B Common Stock	\$	0.98	\$	1.06	\$	2.48	\$	2.63
Income per share – Diluted								
Common Stock	\$	1.16	\$	1.26	\$	2.94	\$	3.11
Income allocated to – Basic								
Common Stock	\$	18,691	\$	20,182	\$	47,232	\$	49,834
Class B Common Stock	\$	4,704	\$	5,041	\$	11,896	\$	12,472
Income allocated to – Diluted								
Common Stock	\$	23,401	\$	25,235	\$	59,141	\$	62,335
Weighted average number of shares outstanding – Basic								
Common Stock		15,241		15,185		15,230		15,156
Class B Common Stock		4,795		4,741		4,795		4,741
Weighted average number of shares outstanding – Diluted								
Common Stock		20,138		20,065		20,127		20,028

⁽¹⁾ Exclusive of depreciation on the Company's property, plant and equipment and amortization on its intangible assets.

UniFirst Corporation and Subsidiaries Condensed Consolidated Balance Sheets

(In thousands)		February 27, 2016 (1)(2)		August 29, 2015		
Assets						
Current assets:						
Cash and cash equivalents	\$	334,992	\$	276,553		
Receivables, net		157,947		151,851		
Inventories		75,566		80,449		
Rental merchandise in service		136,605		140,384		
Prepaid and deferred income taxes		2,460		204		
Prepaid expenses and other current assets		13,327	_	12,382		
Total current assets	_	720,897	_	661,823		
Property, plant and equipment, net		521,324		513,853		
Goodwill		313,033		313,133		
Customer contracts and other intangible assets, net		35,602		40,049		
Deferred income taxes		_		1,475		
Other assets		2,978		2,904		
	\$	1,593,834	\$	1,533,237		
Liabilities and shareholders' equity						
Current liabilities:						
Loans payable	\$	277	\$	1,385		
Accounts payable	Ψ	50.652	Ψ	50,826		
Accrued liabilities		112,603		113,022		
Accrued and deferred income taxes				18,878		
Total current liabilities	_	163,532	_	184,111		
Long-term liabilities:						
Accrued liabilities		57,247		54,566		
Accrued and deferred income taxes		73,344		52,352		
Total long-term liabilities		130,591		106,918		
Shareholders' equity:						
Common Stock		1,529		1,525		
Class B Common Stock		485		485		
Capital surplus		71,173		67,611		
Retained earnings		1,254,951		1,197,000		
Accumulated other comprehensive (loss) income		(28,427)		(24,413)		
Total shareholders' equity		1,299,711		1,242,208		
	\$	1,593,834	\$	1,533,237		

(1) Unaudited

⁽²⁾ In the second fiscal quarter of 2016, the Company adopted updated accounting guidance on the presentation of deferred income taxes. This adoption required that deferred tax liabilities and assets be classified as noncurrent in the Consolidated Balance Sheet. The Company elected to account for this change in presentation prospectively and prior periods were not retroactively adjusted.

UniFirst Corporation and Subsidiaries Detail of Operating Results (Unaudited)

Revenues

(In thousands, except percentages)	Thirteen weeks ended February 27, 2016	Thirteen weeks ended February 28, 2015	Dollar Change	Percent Change
Core Laundry Operations	\$ 331,365	\$ 332,068	\$ (703)	-0.2%
Specialty Garments	20,451	18,661	1,790	9.6
First Aid	11,281	10,733	548	5.1
Consolidated total	\$ 363,097	\$ 361,462	\$ 1,635	0.5%
(In thousands, except percentages)	Twenty-six weeks ended February 27, 2016	Twenty-six weeks ended February 28, 2015	Dollar Change	Percent Change
Core Laundry Operations	\$ 666,402	\$ 667,915	\$ (1,513)	-0.2%
Specialty Garments	47.221	41.137	6.084	14.8
First Aid	22,858	22,771	87	0.4
Consolidated total	\$ 736,481	\$ 731,823	\$ 4,658	0.6%
Income from Operations	Thirteen			
(In thousands, except percentages)	weeks ended February 27, 2016	Thirteen weeks ended February 28, 2015	Dollar Change	Percent Change
(In thousands, except percentages) Core Laundry Operations	weeks ended February 27,	weeks ended February 28,		
Core Laundry Operations Specialty Garments	weeks ended February 27, 2016	weeks ended February 28, 2015	Change	Change
Core Laundry Operations	weeks ended February 27, 2016 \$ 36,129	weeks ended February 28, 2015	Change \$ (4,795)	Change
Core Laundry Operations Specialty Garments	weeks ended February 27, 2016 \$ 36,129 1,146	weeks ended February 28, 2015 \$ 40,924 (435)	Change (4,795) 1,581	-11.7% 364.1
Core Laundry Operations Specialty Garments First Aid	weeks ended February 27, 2016 \$ 36,129 1,146 918	weeks ended February 28, 2015 \$ 40,924 (435) 1,062	Change \$ (4,795) 1,581 (144)	-11.7% 364.1 -13.6
Core Laundry Operations Specialty Garments First Aid Consolidated total (In thousands, except percentages)	weeks ended February 27, 2016 \$ 36,129 1,146 918 \$ 38,193 Twenty-six weeks ended February 27, 2016	weeks ended February 28, 2015 \$ 40,924 (435) 1,062 \$ 41,551 Twenty-six weeks ended February 28, 2015	Change \$ (4,795) 1,581 (144) \$ (3,358) Dollar Change	-11.7% 364.1 -13.6 -8.1% Percent Change
Core Laundry Operations Specialty Garments First Aid Consolidated total (In thousands, except percentages) Core Laundry Operations	weeks ended February 27, 2016 \$ 36,129 1,146 918 \$ 38,193 Twenty-six weeks ended February 27, 2016 \$ 89,101	weeks ended February 28, 2015 \$ 40,924 (435) 1,062 \$ 41,551 Twenty-six weeks ended February 28, 2015 \$ 97,797	Change \$ (4,795) 1,581 (144) \$ (3,358) Dollar Change \$ (8,696)	-11.7% 364.1 -13.6 -8.1% Percent Change
Core Laundry Operations Specialty Garments First Aid Consolidated total (In thousands, except percentages) Core Laundry Operations Specialty Garments	weeks ended February 27, 2016 \$ 36,129 1,146 918 \$ 38,193 Twenty-six weeks ended February 27, 2016 \$ 89,101 5,432	weeks ended February 28, 2015 \$ 40,924 (435) 1,062 \$ 41,551 Twenty-six weeks ended February 28, 2015 \$ 97,797 1,833	Change \$ (4,795) 1,581 (144) \$ (3,358) Dollar Change \$ (8,696) 3,599	Change -11.7% 364.1 -13.6 -8.1% Percent Change -8.9% 196.3
Core Laundry Operations Specialty Garments First Aid Consolidated total (In thousands, except percentages) Core Laundry Operations	weeks ended February 27, 2016 \$ 36,129 1,146 918 \$ 38,193 Twenty-six weeks ended February 27, 2016 \$ 89,101	weeks ended February 28, 2015 \$ 40,924 (435) 1,062 \$ 41,551 Twenty-six weeks ended February 28, 2015 \$ 97,797	Change \$ (4,795) 1,581 (144) \$ (3,358) Dollar Change \$ (8,696)	-11.7% 364.1 -13.6 -8.1% Percent Change

UniFirst Corporation and Subsidiaries Consolidated Statements of Cash Flows (Unaudited)

(In thousands)	we	wenty-six eks ended bruary 27, 2016	Twenty-six weeks ended February 28, 2015
Cash flows from operating activities:			
Net income	\$	59,388	\$ 62,859
Adjustments to reconcile net income to cash provided by operating activities:			
Depreciation		35,297	32,495
Amortization of intangible assets		4,250	4,334
Amortization of deferred financing costs		104	104
Share-based compensation		2,537	3,369
Accretion on environmental contingencies		334	302
Accretion on asset retirement obligations		398	316
Deferred income taxes		5,978	7,040
Changes in assets and liabilities, net of acquisitions:			
Receivables		(6,528)	(11,048)
Inventories		4,733	(6,578)
Rental merchandise in service		3,477	718
Prepaid expenses and other current assets		(851)	(7,187)
Accounts payable		(79)	(1,384)
Accrued liabilities		1,574	11,605
Prepaid and accrued income taxes		(5,131)	10,092
Net cash provided by operating activities		105,481	107,037
Cash flows from investing activities:			
Acquisition of businesses, net of cash acquired		(73)	(15,086)
Capital expenditures		(44,028)	(45,542)
Other		111	(202)
Net cash used in investing activities		(43,990)	(60,830)
Cash flows from financing activities:			
Proceeds from loans payable and long-term debt		_	4,937
Payments on loans payable and long-term debt		(1,046)	(6,887)
Proceeds from exercise of Common Stock options, including excess tax benefits		1,026	4,975
Payment of cash dividends		(1,436)	(1,433)
Net cash (used in) provided by financing activities		(1,456)	1,592
Effect of exchange rate changes on cash		(1,596)	(8,107)
Net increase in cash and cash equivalents		58,439	39,692
Cash and cash equivalents at beginning of period		276,553	191,769
Cash and cash equivalents at end of period	\$	334,992	\$ 231,461