FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROATTI CYNTHIA						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner				
(Last)		(First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) $01/03/2005 \label{eq:months}$									X Office below	er (give title w)		er (specify w)	
(Street) WILMINGTON MA 01887 (City) (State) (Zip)			4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)			2. Transact Date (Month/Day	ion //Year)	on 2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (Disposed Of (D) (Instr. 3 and 5)			l (A) or	5. Am Secur Benef Owne	ount of ities icially d	6. Ownership Form: Direct (D) or Indirect (I)	of Indirect Beneficial Ownership			
									Code	v	Amount		A) or D)	Price			(Instr. 4)	(Instr. 4)	
Common	Stock																2,740	I	By 401(k)
Common	Stock															20	03,134	I(1)	By Trusts and LLC
Common	Stock				01/03/2	005				S		800		D	\$28.1	7 9	0,700	D	
Common	Stock				01/03/2	005				S		900		D	\$28.1	9 8	9,800	D	
Common	Stock				01/03/2	005				S		2,900		D	\$28.2	2 8	6,900	D	
Common	Stock				01/03/2	005				S		2,800		D	\$28.2	1 8	4,100	D	
Common	Stock				01/03/2	005				S		400		D	\$28.2	2 8	3,700	D	
Common	Stock				01/03/2	005				S		200		D	\$28.2	4 8	3,500	D	
Common	Stock				01/03/2	005				S		8,900		D	\$28.2	5 7	4,600	D	
Common	Stock				01/03/2	005				S		800		D	\$28	3 7	3,800	D	
Common	Stock				01/03/2					S		200			\$28.3		3,600	D	
			Та	ble II	- Derivat (e.g., pu							sed of, onvertib				Owned			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution Date (Month/Day/Year) if any (Month/Day/Year)				tion Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		str.	3. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr. 4)		
						Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	of					

Explanation of Responses:

1. The reporting person is a trustee of the Marie Croatti QTIP Trust and a Director and minority owner of the general partner of The Croatti Family Limited Partnership, which are the direct owners of 2,600,000 shares each of Class B Common Stock. The reporting person is the manager of a limited liability company, Trilogy Investment Partners LLC, and a trustee for the following trusts, that, as of the date of filing this report, combined directly own the remainder of the reported securities: The Samuel E. Brown Gallo Trust - 1989, The Nicholas C. Brown Gallo Trust - 1989, the Monica Levenstein Gallo Trust - 1989. The reporting person disclaims beneficial ownership of the reported securities, except to the extent of her pecuniary interest therein, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or any other purpose.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.