FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an	<u>UNI</u>	2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]										ll app	nship of Reporti applicable) birector		erson(s) to					
(Last)	(FI PIN ROAD	rst) (M		3. Date of Earliest Transaction (Month/Day/Year) 08/18/2004										Officer (give title below)			Other below	(specify		
(Street) WILMINGTON MA 01887					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	rate) (Z	ľip)													- 6130	JII			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				y/Year)	Execution Date,			Transaction Disposed Code (Instr. and 5)			rities Acquired (A) ed Of (D) (Instr. 3,			, 4 Secur		cially I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount		A) or D)	Price	R T	Reported Transaction(s) (Instr. 3 and 4)		,		(111501. 4)			
Common Stock / \$.10 par value 08					2004				S		1,100	0 D		\$29	9.4 12,942		2,942	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Executive or Exercise (Month/Day/Year) if any			emed ion Date, h/Day/Year)		Transaction Code (Instr.		vative rities sired rosed) r. 3, 4	6. Date E. Expiratio (Month/D	te	Amount of Securities Underlying Derivative Security (Inst 3 and 4)		ıstr.			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr.		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	of	mber ares						

Explanation of Responses:

Marie Croatti, Executrix, by power of attorney ** Signature of Reporting Person

08/19/2004

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).