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            SECURITIES AND EXCHANGE COMMISSION
                    WASHINGTON, D.C. 20549
                    ------------------------
                        FORM 8-K
                    CURRENT REPORT
                PURSUANT TO SECTION 13 OR 15(d) OF THE
            SECURITIES EXCHANGE ACT OF 1934
                Date of Report (Date of earliest event reported)
                July 7, 2003
            UNIFIRST CORPORATION
            (Exact Name of Registrant as Specified in Charter)
\begin{tabular}{ccc} 
Massachusetts & \(1-8504\) & \(04-2103460\) \\
(State or Other Jurisdiction & (Commission File Number) & (IRS Employer \\
of Incorporation) & & Identification No.)
\end{tabular}
            6 8 \text { Jonspin Road, Wilmington, Massachusetts 01887}
            (Address of Principal Executive Offices) (Zip Code)
                Registrant's telephone number, including area code: (978) 658-8888
                                    --------------
Item 7. Financial Statements and Exhibits.
(c) Exhibits
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EXHIBIT NO. DESCRIPTION
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EXHIBIT NO. DESCRIPTION
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99.1
99.1
Press release dated July 7, 2003
Press release dated July 7, 2003
Item 9. Regulation FD Disclosure
This Form 8-K is being furnished to, but not filed with, the Securities and Exchange Commission ("SEC") to report information pursuant to Item 12 - Results of Operations and Financial Condition in accordance with the interim guidance provided by the SEC pursuant to SEC Release No. 33-8216.
On July 7, 2003, UniFirst Corporation issued a press release ("Press Release") announcing financial results for the third quarter and first nine months of fiscal 2003. A copy of the Press Release is attached as Exhibit 99.1 to this Current Report and is incorporated herein by reference.

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Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

Date: July 7, 2003
By: /s/ Ronald D. Croatti
\(\qquad\)
Name: Ronald D. Croatti
Title: Chairman of the Board, Chief Executive Officer and President

By: /s/ John B. Bartlett
---------------------------------
Name: John B. Bartlett
Title: Senior Vice President and
Chief Financial Officer

EXHIBIT INDEX

Exhibit No. Description
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99.1

Press release dated July 7, 2003

UNIFIRST CORPORATION
68 Jonspin Road
Wilmington, MA 01887-1086
Telephone 978-658-8888 Ext 520
Facsimile 978-988-0659

NEWS RELEASE
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contact: John B. Bartlett
Senior Vice President
jbartlett@unifirst.com

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[UNIFIRST LOGO]

UNIFIRST ANNOUNCES RECORD
QUARTERLY FINANCIAL RESULTS

Wilmington, MA (July 7, 2003) -- UniFirst Corporation (NYSE: UNF) today announced revenues and earnings for the third quarter and nine months of fiscal 2003, which ended May 31, 2003.

Revenues for the third quarter of fiscal 2003 were \(\$ 153.7\) million, the highest in the Company's 67 year history, a 6.5 percent increase from \(\$ 144.3\) million in the same period a year ago. Third quarter net income was a record \(\$ 9.6\) million, or \(\$ 0.50\) per share, a 27.6 percent increase from last year's \(\$ 7.5\) million, or \(\$ 0.39\) per share. This was the first time ever that the Company achieved net income of \(\$ 0.50\) per share for a quarter.

For the first thirty-nine weeks of fiscal 2003, revenues were \(\$ 449.3\) million, \(a\) 2.5 percent increase from \(\$ 438.4\) million for the first forty weeks of fiscal 2002. On a comparative thirty-nine week basis revenues were up 5.1 percent for the first nine months of fiscal 2003. Income before cumulative effect of accounting change was \(\$ 22.0\) million, or \(\$ 1.15\) per basic share, an 8.5 percent increase from last year's \(\$ 20.3\) million, or \(\$ 1.06\) per basic share. Effective with the beginning of fiscal 2003 the Company adopted Statement of Financial Accounting Standards No. 143, "Accounting for Asset Retirement Obligations" ("SFAS No. 143"). This new accounting standard requires that liabilities be recorded for the estimated costs of retiring long lived assets at the end of their service lives. The adoption of SFAS No. 143 resulted in a cumulative charge, net of tax, of \(\$ 2.2\) million, or \(\$(0.12)\) per share. Therefore net income for the first nine months of fiscal 2003 was \(\$ 19.8\) million, or \(\$ 1.03\) per basic share, a 2.6 percent decrease from last year's \(\$ 20.3\) million, or \(\$ 1.06\) per basic share.
"We are very encouraged by our results for the third quarter," said Ronald D. Croatti, UniFirst's President and Chief Executive Officer. "We made significant progress with our cost containment efforts, which together with our sales growth resulted in record quarterly financial results."

The Company will hold a conference call today at 4:00 PM (EST) to discuss its quarterly and year to date financial results, business highlights and outlook. A simultaneous live webcast of the call will be available over
the Internet, and replays of the webcast will be available until July 25, 2003. The webcast can be accessed at www.unifirst.com.

UniFirst is one of the largest providers of workplace uniforms and protective clothing in North America. The Company employs over 7,800 team partners who serve more than 150,000 customer locations in 46 states, Canada and Europe from 144 manufacturing, distribution and customer service facilities.

The Private Securities Litigation Reform Act of 1995 provides a safe harbor for certain forward-looking statements. This public announcement may contain forward-looking statements that reflect the Company's current views with respect to future events and financial performance. These forward-looking statements are subject to certain risks and uncertainties. The words "anticipate" and "should," and other expressions that indicate future events and trends identify forward-looking statements. Actual future results may differ materially from those anticipated depending on a variety of factors, including, but not limited to, performance of acquisitions; economic and business changes; fluctuations in the cost of materials, fuel and labor; economic and other developments
associated with the on-going war on terrorism; strikes and unemployment levels; demand and price for the Company's products and services; improvement in under performing rental operations; and the outcome of pending and future litigation and environmental matters.
[Tables follow]

UNIFIRST CORPORATION AND SUBSIDIARIES
CONDENSED CONSOLIDATED STATEMENTS OF INCOME
(unaudited)
\begin{tabular}{|c|c|c|c|c|}
\hline (In thousands, except per share data) & ```
Thirty-nine
weeks ended
    May 31,
        2003
``` & \begin{tabular}{l}
Forty \\
weeks ended June 1, 2002
\end{tabular} & Thirteen weeks ended May 31, 2003 & Thirteen weeks ended June 1, 2002 \\
\hline Revenues & \$449,294 & \$438,407 & \$153,690 & \$144,259 \\
\hline \multicolumn{5}{|l|}{Costs and expenses:} \\
\hline Operating costs & 275,917 & 268,239 & 93,103 & 87,335 \\
\hline Selling and administrative expenses & 105,903 & 102,349 & 34,026 & 33,536 \\
\hline Depreciation and amortization & 29,906 & 28,175 & 10,218 & 9,667 \\
\hline & 411,726 & 398,763 & 137,347 & 130,538 \\
\hline Income from operations & 37,568 & 39,644 & 16,343 & 13,721 \\
\hline \multicolumn{5}{|l|}{Other expense (income):} \\
\hline Interest expense & 3,496 & 7,547 & 1,304 & 1,704 \\
\hline Interest income & \((1,112)\) & \((1,133)\) & (279) & (308) \\
\hline Interest rate swap expense (income) & (666) & 447 & (306) & 176 \\
\hline & 1,718 & 6,861 & 719 & 1,572 \\
\hline Income before income taxes & 35,850 & 32,783 & 15,624 & 12,149 \\
\hline Provision for income taxes & 13,802 & 12,458 & 6,015 & 4,617 \\
\hline Income before cumulative effect of accounting change & 22,048 & 20,325 & 9,609 & 7,532 \\
\hline Cumulative effect of accounting change (net of tax benefit of \(\$ 1,404\) in 2003) & 2,242 & - & - & - \\
\hline Net income & \$ 19,806 & \$ 20,325 & \$ 9,609 & \$ 7,532 \\
\hline
\end{tabular}

Weighted average number of shares outstanding:
\begin{tabular}{|c|c|c|c|c|c|c|c|c|}
\hline basic & \multicolumn{2}{|r|}{19,185} & \multicolumn{2}{|r|}{19,221} & \multicolumn{2}{|r|}{19,168} & \multicolumn{2}{|r|}{19,223} \\
\hline diluted & & 9,220 & & , 275 & & , 175 & & , 293 \\
\hline \multicolumn{9}{|l|}{ome per share -- basic:} \\
\hline ore cumulative effect of accounting hange & \$ & 1.15 & \$ & 1.06 & \$ & 0.50 & \$ & 0.39 \\
\hline ulative effect of accounting change & & (0.12) & & - & & - & & - \\
\hline income & \$ & 1.03 & \$ & 1.06 & \$ & 0.50 & \$ & 0.39 \\
\hline
\end{tabular}

Income per share -- diluted:
change
Cumulative effect of accounting change

Net income
\begin{tabular}{lllr}
\(\$\) & 1.15 & \(\$\) & 1.05 \\
& \((0.12)\) & & - \\
------- & - & ----- \\
\(\$\) & 1.03 & \(\$\) & 1.05 \\
\(========\) & == = = = = = =
\end{tabular}
\begin{tabular}{lr}
\(\$\) & 0.50 \\
& - \\
\(-=----\) \\
\$ & 0.50 \\
\(========\)
\end{tabular}
\begin{tabular}{lr}
\(\$\) & 0.39 \\
& - \\
------ \\
\(\$\) & 0.39 \\
\(=======\)
\end{tabular}

UNIFIRST CORPORATION AND SUBSIDIARIES CONDENSED CONSOLIDATED BALANCE SHEETS (unaudited)
\begin{tabular}{|c|c|c|c|}
\hline (In thousands) & \[
\begin{array}{r}
\text { May } 31, \\
2003
\end{array}
\] & \[
\begin{array}{r}
\text { August } 31, \\
2002
\end{array}
\] & June 1, 2002 \\
\hline \multicolumn{4}{|l|}{Assets} \\
\hline \multicolumn{4}{|l|}{Current assets:} \\
\hline Cash & \$ 7,389 & \$ 4,333 & \$ 3,538 \\
\hline Receivables & 63,984 & 54,587 & 58,811 \\
\hline Inventories & 27,052 & 24,807 & 27,442 \\
\hline Rental merchandise in service & 59,939 & 56,047 & 52,905 \\
\hline Prepaid taxes and deferred tax assets & 5,641 & - & - \\
\hline Prepaid expenses & 386 & 315 & 241 \\
\hline Total current assets & 164,391 & 140,089 & 142,937 \\
\hline \multicolumn{4}{|l|}{Property and equipment:} \\
\hline Land, buildings and leasehold improvements & 218,576 & 208,000 & 203,268 \\
\hline Machinery and equipment & 243,599 & 229,692 & 225,868 \\
\hline Motor vehicles & 65,593 & 60,925 & 60,869 \\
\hline & 527,768 & 498,617 & 490,005 \\
\hline Less - accumulated depreciation & 254,668 & 229,621 & 221,723 \\
\hline & 273,100 & 268,996 & 268,282 \\
\hline Other assets & 83,554 & 85,750 & 82,934 \\
\hline & \$521,045 & \$494, 835 & \$494,153 \\
\hline & = = = = = = = = & = = = = = = = = & ======= \(=\) \\
\hline \multicolumn{4}{|l|}{Liabilities and Shareholders' Equity} \\
\hline \multicolumn{4}{|l|}{Current liabilities:} \\
\hline Current maturities of long-term obligations & \$ 2,525 & \$ 1,406 & \$ 1,392 \\
\hline Notes payable & - & 1,195 & 1,283 \\
\hline Accounts payable & 31,476 & 17,012 & 14,555 \\
\hline Accrued liabilities & 57,406 & 53,331 & 59,102 \\
\hline Accrued and deferred income taxes & 4,136 & 1,457 & 2,944 \\
\hline Total current liabilities & 95,543 & 74,401 & 79,276 \\
\hline Long-term obligations, net of current maturities & 72,726 & 83,690 & 85,794 \\
\hline Deferred income taxes & 23,299 & 27,004 & 24,503 \\
\hline \multicolumn{4}{|l|}{Shareholders' equity:} \\
\hline Common stock & 1,055 & 1,055 & 1,055 \\
\hline Class B common stock & 1,021 & 1,021 & 1,021 \\
\hline Treasury stock & \((26,005)\) & \((24,756)\) & \((24,756)\) \\
\hline Capital surplus & 12,548 & 12,503 & 12,503 \\
\hline Retained earnings & 341,472 & 323,595 & 317,706 \\
\hline Accumulated other comprehensive loss & ( 614 ) & \((3,678)\) & \((2,949)\) \\
\hline Total shareholders' equity & ------- & ------- & 304,580 \\
\hline & -------- & -------- & \$494,153 \\
\hline
\end{tabular}

\title{
* Condensed from audited financial statements
}```

