FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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| OIVID APPROVAL | | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | |
| | | | | | | | | | |
| Estimated average burden | | | | | | | | | |

hours per response

0.5

11. Nature

of Indirect

Beneficial Ownership

(Instr. 4)

Ownership

Form: Direct (D)

or Indirect

| | Check this box if no longer subject to |
|----|--|
| ٦. | Section 16. Form 4 or Form 5 |
|) | obligations may continue. See |
| | Instruction 1(b). |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person (Check all applicable) **UNIFIRST CORP** [UNF] **CAMILLI KATHLEEN M** X Director 10% Owner Officer (give title Other (specify 3. Date of Earliest Transaction (Month/Dav/Year) below) below) (Last) (First) (Middle) 01/12/2018 68 JONSPIN ROAD 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) (Street) Form filed by One Reporting Person X WILMINGTON MA 01887 Form filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 5. Amount of 6. Ownership 7. Nature of Transaction Securities Beneficially Indirect Beneficial (Month/Day/Year) (D) or Indirect if any Code (Instr. (Month/Dav/Year) 8) Owned Following (I) (Instr. 4) Ownership (Instr. 4) Reported (A) or (D) Transaction(s) Code Amount Price (Instr. 3 and 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

5. Number

Derivative Securities

Acquired

4. Transaction

Code (Instr. 8) 6. Date Exercisable and Expiration Date

(Month/Day/Year)

| | | Security | | (A) or Disposed of (D) (Instr. 3, 4 and 5) | | | | (Instr. 3 and 4) | | | Following Reported Transaction(s) (Instr. 4) | (I) (Instr. 4) | (1134. 4) | | |
|---|---|----------|------------|--|---|-------|-----|---------------------------|---------------------------|---|---|----------------|-----------|---|--|
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |
| - | Stock Appreciation Right ⁽¹⁾ | \$171.15 | 01/12/2018 | A | | 1,000 | | 01/12/2018 ⁽¹⁾ | 01/12/2026 ⁽¹⁾ | Common Stock (\$0.10 par value) | 1,000 | \$0 | 1,000 | D | |

Explanation of Responses:

1. This stock appreciation right is exercisable in full on the grant date (1/12/2018) and must be settled in stock at the time of exercise. This grant has an expiration date of the earlier of January 12, 2026 or the second anniversary of the date that the grantee ceases to be a member of the Board of Directors.

Remarks:

1. Title of Derivative

Security (Instr. 3)

/s/ David Whitman, Attorney-

7. Title and

Amount of

Securities Underlying

Derivative Security

8. Price of

Derivative

Security (Instr. 5) 9. Number of

Securities Beneficially

derivative

Owned

01/16/2018

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

3A. Deemed

Execution Date.

if any (Month/Day/Year)

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

3. Transaction

(Month/Day/Year)

Conversion

or Exercise Price of

Derivative

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.