FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Cohen Phillip L					UN	2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]								(Che	5. Relationship of Reporting Po (Check all applicable) X Director			Issuer Owner	
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 01/12/2007									Offic belo	er (give title w)	Othe belov	r (specify v)	
68 JONSPIN ROAD					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicable Line)				
1 · · · ·	(Street) WILMINGTON MA 01887				_									X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	itate)	(Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,			Code (Instr.			Dispo	4. Securities Acquired (Disposed Of (D) (Instr. 3 and 5)			Secur	ficially d	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
									с	Code	v	Amou		A) or D)	Price	Repor Trans		(Instr. 4)	(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	titve Conversion Date Execution Date, ty or Exercise (Month/Day/Year) if any		on Date,	4. Transactio Code (Inst 8)				Expi	6. Date Exercisable a Expiration Date (Month/Day/Year)			and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		0 [] [] []	. Price If Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		iration e	Title	Amo or Num of Shar	nber				
Common Stock Option (right to buy)	\$ 42.21	01/12/2007			A		1,500		01/1	12/2007	01/1	12/2017	Commo Stock / \$0.10 pa value	1 1 5	00	\$42.21	1,500	D	

Explanation of Responses:

Phillip	o Cohen,	by	power	of
attorn				

01/16/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL