FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] CROATTICYNTHIA						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) 68 JONS	(Last) (First) (Middle) 68 JONSPIN ROAD					3. Date of Earliest Transaction (Month/Day/Year) 05/21/2004							x	belo	icer (give title ow) Executive VP		Other (specify below) & Treasurer				
(Street) WILMINGTON MA 01887 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Indiv ne) X	Form Form	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					tion	on 2A. Deemed Execution Date,			3. Transact Code (In 8)	ion	4. Securities Acquired (Disposed Of (D) (Instr. 3 and 5)				A) or 5. An 5, 4 Secu Bene Owne		ount of ities icially d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
					Code	v	Amount		(A) or (D)	Price		Following Reported Transaction(s) (Instr. 3 and 4)		(1130.4)		(Instr. 4)					
Common Stock/\$.10 Par Value 05/21/2					.004				S		200		D	\$25	25.38 2		37,720		D		
Common Stock/\$.10 Par Value 05/21/2					.004	004			S		300		D	\$25.39		237,420			D		
Common Stock/\$.10 Par Value 05/21/2					.004	004			S		300		D	\$25.44		237,120			D		
Common Stock/\$.10 Par Value 05/21/20					.004)04			S 300		300		D	\$25	49 23		36,820		D		
		Та	ble II	- Derivat (e.g., pi							sed of, onvertib				y O	wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	eemed tion Date, h/Day/Year)	4. Transac Code (I 8)		of Deriv Secu Acqu (A) of Dispe	rities ired r osed) ∵ 3, 4	6. Date Exercis: Expiration Date (Month/Day/Yea		te	Amo Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		of Der Sec	Price vivative surity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	, E	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	or Nun of	ount nber res							

Explanation of Responses:

Cynthia Croatti, by power of 05/24/2004

attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.