Check this box if no

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
	OMB Number:	3235-0287								
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elationship of Reporting Person(s) to										

Ionger subject to SectionSTATEMENT OF CH.16. Form 4 or Form 5obligations may continue.See Instruction 1(b).Filed pursuant to Section 16(a)17(a) of the Public Utility Holdi

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

I. Name and Address of Reporting Person [*] DIFILLIPPO DAVID A	2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give Other (specify title below) below) Sr. VP - Operations				
(Last) (First) (Middle) 68 JONSPIN ROAD	 3. Date of Earliest Transaction (Month/Day/Year) 11/04/2003 					
(Street) WILMINGTON MA 01887 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting 				

of Security (Instr.Date (Month/Day/Year)Execution Date, if any (Month/Day/Year)Transaction CodeAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5)Securities Beneficially OwnedOwnership Beneficially Direct (D)of Ind Beneficially Owned		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
3) (I) (I) (I) (I) (I) (I) (I) (I	of Security	Date	Execution Date, if any	Transac Code (Instr. 8)	Transaction Code (Instr. 8)		d (A) d of , 4 ar (A) or	or (D) nd 5)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and	Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8		of Deriva Secur Acqui (A) or Dispo of (D) (Instr.	Number and Expiration Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Common stock option (right to buy)	\$ 24.35	11/04/2003		A		1,100		11/04/2008	11/04/2013	Common stock / \$.10 par value	1,100	\$ 0	1,100	D	

Explanation of Responses:

June Gallo, Attorney in Fact 11/05/2003

** Signature of Reporting Date

Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.