FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Evans Donald J					2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)		,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) $10/25/2004$									Office	Officer (give title below)		Other (s			
68 JONSPIN ROAD						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) WILMIN	IGTON :	MA	01887												X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	-	State)	(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day)					Exe if a	a. Deemed ecution Date, any onth/Day/Year)			3. Transacti Code (In: 8)		4. Securities Acquired (Disposed Of (D) (Instr. and 5)				Securiti Benefic Owned	es ially	Form (D) o Indir	n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amou	unt (A) or (D)		Price				r. 4)	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Executio if any (Month/I		4. Transaction Code (Instr 8)					6. Date Exercisable Expiration Date (Month/Day/Year)			and 7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
					Code	v	(A)	(D)	Da Exc	te ercisable	Exp Date	iration e	Title		Amount or Number of Shares						
Common stock option (right to buy)	\$27.98	10/25/2004			A		1,000		10)/25/2004	10/2	25/2014	Comr stock/\$ par va	50.10	1,000	\$0	1,000		D		

Explanation of Responses:

Donald Evans, by power of attorney

10/27/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).