UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) January 6, 2016

UNIFIRST CORPORATION

(Exact Name of Registrant as Specified in Charter)

Massachusetts

(State or Other Jurisdiction of Incorporation)

001-08504 (Commission File Number) 04-2103460 (IRS Employer Identification No.)

68 Jonspin Road, Wilmington, Massachusetts 01887 (Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (978) 658-8888

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

[] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition.

On January 6, 2016, UniFirst Corporation (the "Company") issued a press release ("Press Release") announcing financial results for the first quarter of fiscal 2016, which ended on November 28, 2015. A copy of the Press Release is attached as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in this Item 2.02, including the exhibit attached hereto, shall not be deemed "filed" for any purpose, including for purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act") or otherwise subject to the liabilities of that Section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, regardless of any general incorporation language in such filing.

Item 9.01.	Financial Statements and Exhibits.
(d) Exhibits	
EXHIBIT NO.	DESCRIPTION
99	Press release of the Company dated January 6, 2016

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

Date: January 6, 2016

By:	/s/ Ronald D. Croatti
Name:	Ronald D. Croatti
Title:	Chairman of the Board, Chief
	Executive Officer and President
By:	/s/ Steven S. Sintros
Name:	Steven S. Sintros
Title	Senior Vice President and Chief Financial

resident and Chie Officer

EXHIBIT INDEX

EXHIBIT NO. DESCRIPTION

99 Press release of the Company dated January 6, 2016







For Immediate Release UniFirst Corporation 68 Jonspin Road Wilmington, MA 01887 Phone: 978-688-8888 Fax: 978-988-0659 Email: sointros@UniFirst.com

January 6, 2016 CONTACT: Steven S. Sintros, Senior Vice President & CFO

UNIFIRST ANNOUNCES FINANCIAL RESULTS FOR THE FIRST QUARTER OF FISCAL 2016

Wilmington, MA (January 6, 2016) -- UniFirst Corporation (NYSE: UNF) today announced results for its first quarter of fiscal 2016 which ended November 28, 2015. Revenues for the quarter were \$373.4 million, up 0.8% from \$370.4 million in the year ago period. Net income was \$35.9 million (\$1.78 per diluted share), down 4.1% from \$37.4 million (\$1.85 per diluted share) in the first quarter of fiscal 2015.

Ronald D. Croatti, UniFirst President and Chief Executive Office said, "As anticipated, our growth during the first quarter was impacted by the loss of uniform wearers and customers in energy dependent markets in the United States and Canada during the last year. In addition, our top and bottom lines were affected by the further weakening of the Canadian Dollar. Despite these challenges, we continue to focus on emphasizing the value of our products and services to new and existing customers, improving our overall customer service levels and other factors within our control."

Core Laundry revenues in the quarter were \$335.0 million, down 0.2% from those reported in the prior year's first quarter. Adjusting for the effects of acquisitions and a weaker Canadian dollar, revenues grew 0.4%. This segment's income from operations decreased 6.9% compared to the first quarter of fiscal 2015, while the operating margin decreased to 15.8% from 16.9% a year ago. The margin decline primarily reflects higher merchandise costs, selling and administrative expenses and depreciation as a percentage of revenues. These items were partially offset by lower energy and legal expenses during the quarter compared to a year ago.

Revenues for the Specialty Garments segment, which consists of nuclear decontamination and cleanroom operations, were \$26.8 million, up 19.1% from \$22.5 million in the first quarter of fiscal 2015. Due primarily to the improved revenue performance, this segment's income from operations increased to \$4.3 million in the current quarter from \$2.3 million in last year's comparable period. These favorable comparisons were primarily driven by this segment's U.S. and Canadian nuclear decontamination operations.

UniFirst continues to maintain a solid balance sheet with no long-term debt and increasing cash balances. Net cash provided by operating activities during the quarter was \$57.6 million, up 9.1% from the same quarter in fiscal 2015 and cash and cash equivalents at the end of the fiscal quarter totaled \$311.5 million, up from \$276.6 million at the end of fiscal 2015.

<u>Outlook</u>

Mr. Croatti continued, "Based on the further weakening of the Canadian dollar to the current level, we now believe that full year fiscal 2016 revenues will be between \$1.460 billion and \$1.475 billion and that our full year diluted EPS will be between \$5.60 and \$5.80. This guidance assumes no significant further deterioration in our wearer base as a result of additional layoffs in energy dependent markets that we service."

Conference Call Information

UniFirst will hold a conference call today at 10:00 a.m. (ET) to discuss its quarterly financial results, business highlights and outlook. A simultaneous live webcast of the call will be available over the Internet and can be accessed at www.unifirst.com.

About UniFirst Corporation

Headquartered in Wilmington, Mass., UniFirst Corporation is a North American leader in the supply and servicing of uniform and workwear programs, as well as the delivery of facility service programs. Together with its subsidiaries, the company also provides first aid and safety products, and manages specialized garment programs for the cleanroom and nuclear industries. UniFirst manufactures its own branded workwear, protective clothing, and floorcare products, and with more than 225 service locations, 275,000 customer locations, and 12,000 employee Team Partners, the Company outfits more than 1.5 million workers each business day. UniFirst is a publicly held company traded on the New York Stock Exchange under the symbol UNF and is a component of the Standard & Poor's 600 Small Cap Index. For more information visit www.unifirst.com.

Forward Looking Statements

This public announcement contains forward looking statements that reflect the Company's current views with respect to future events and financial performance, including projected revenues and earnings per share. Forward looking statements contained in this public announcement are subject to the safe harbor created by the Private Securities Litigation Reform Act of 1995 and may be identified by words such as "estimates," "anticipates," "projects," "plans," "expects," "intends," "believes," "seeks," "could," "may,' "will," or the negative versions thereof, and similar expressions and by the context in which they are used. Such forward looking statements are based upon our current expectations and speak only as of the date made. Such statements are highly dependent upon a variety of risks, uncertainties and other important factors that could cause actual results to differ materially from those reflected in such forward looking statements. Such factors include, but are not limited to, our ability to compete successfully without any significant degradation in our margin rates, uncertainties caused by the continuing adverse worldwide economic conditions and their impact on our customers' businesses and workforce levels, uncertainties regarding any existing or newly-discovered expenses and liabilities related to environmental compliance and remediation, any adverse outcome of pending or future contingencies or claims, uncertainties regarding our ability to consummate and successfully integrate acquired businesses, our ability to preserve positive labor relationships and avoid becoming the target of corporate labor unionization campaigns that could disrupt our business, the continuing increase in domestic healthcare costs, including the ultimate impact of the Affordable Care Act, our retention of customers and renewal of customer contracts, uncertainties regarding the price levels of natural gas, electricity, fuel and labor, the negative effect on our business from sharply depressed oil prices, fluctuation on our revenue and net income from our specialty garments segment, the effect of currency fluctuations on our results of operations and financial condition, rampant criminal activity and instability in Mexico where our principal garment manufacturing plants are located, the impact on our goodwill and intangibles that might result from adverse financial and economic changes, our ability to properly and efficiently design, construct, implement and operate our new customer relationship management ("CRM") computer system, interruptions or failures of our information technology systems, including as a result of cyber-attacks, failure to comply with other state and federal regulations that might result in penalties or costs, seasonal and quarterly fluctuations in business levels, any loss of key management or other personnel, our dependence on third parties to supply us with raw materials, increased costs as a result of any future changes in federal or state laws, rules and regulations or governmental interpretation of such laws, rules and regulations, demand and prices for our products and services, economic and other developments associated with the war on terrorism and its impact on the economy, general economic conditions and other factors described under "Item 1A. Risk Factors" in our Annual Report on Form 10-K for the year ended August 29, 2015 and in our other filings with the Securities and Exchange Commission. We undertake no obligation to update any forward looking statements to reflect events or circumstances arising after the date on which such statements are made.

UniFirst Corporation and Subsidiaries Consolidated Statements of Income

(In thousands, except per share data)	T we Nov 2	Thirteen weeks ended November 29, 2014 (2)		
Revenues	\$	373,384	\$	370,361
Operating expenses:				
Cost of revenues (1)		222,603		219,353
Selling and administrative expenses (1)		72,749		72,382
Depreciation and amortization		19,738		18,037
Total operating expenses		315,090		309,772
Income from operations		58,294		60,589
Other (income) expense:				
Interest expense		221		188
Interest income		(764)		(804)
Foreign exchange loss		479		371
Total other (income) expense		(64)		(245)
Income before income taxes		58,358		60,834
Provision for income taxes		22,468		23,421
Net income	<u>\$</u>	35,890	<u>\$</u>	37,413
Income per share – Basic				
Common Stock	\$	1.88	\$	1.96
Class B Common Stock	\$	1.50	\$ \$	1.57
Income per share – Diluted				
Common Stock	\$	1.78	\$	1.85
Income allocated to – Basic				
Common Stock	\$	28,539	\$	29,649
Class B Common Stock	\$	7,193		7,434
Income allocated to – Diluted				
Common Stock	\$	35,741	\$	37,101
Weighted average number of shares outstanding – Basic				
Common Stock		15,218		15,128
Class B Common Stock		4,795		4,741
Weighted average number of shares outstanding – Diluted				
Common Stock		20,132		20,008

(1) Exclusive of depreciation on the Company's property, plant and equipment and amortization on its intangible assets

(2) Unaudited

UniFirst Corporation and Subsidiaries Condensed Consolidated Balance Sheets

(In thousands)	November 28, 2015 (1)			August 29, 2015		
Assets						
Current assets:						
Cash and cash equivalents	\$	311,532	\$	276,553		
Receivables, net		168,924		151,851		
Inventories		76,856		80,449		
Rental merchandise in service		141,489		140,384		
Prepaid and deferred income taxes		198		204		
Prepaid expenses and other current assets		14,670		12,382		
Total current assets		713,669		661,823		
Property, plant and equipment, net		516,457		513,853		
Goodwill		313,062		313,133		
Customer contracts and other intangible assets, net		37,968		40,049		
Deferred income taxes		1,453		1,475		
Other assets	. <u></u>	3,076		2,904		
	\$	1,585,685	\$	1,533,237		
Liabilities and shareholders' equity						
Current liabilities:						
Loans payable	\$	601	\$	1,385		
Accounts payable	Ŧ	58,654		50,826		
Accrued liabilities		107,391		113,022		
Accrued and deferred income taxes		33,706		18,878		
Total current liabilities		200,352		184,111		
Long-term liabilities:						
Accrued liabilities		55,551		54,566		
Accrued and deferred income taxes		52,843		52,352		
Total long-term liabilities		108,394		106,918		
Shareholders' equity:						
Common Stock		1,526		1,525		
Class B Common Stock		485		485		
Capital surplus		69,254		67,611		
Retained earnings		1,232,172		1,197,000		
Accumulated other comprehensive (loss) income		(26,498)		(24,413)		
Total shareholders' equity		1,276,939		1,242,208		
	\$	1,585,685	\$	1,533,237		

(1) Unaudited

UniFirst Corporation and Subsidiaries Detail of Operating Results

Revenues

(In thousands, except percentages)	Thirteen weeks ended ovember 28, 2015 (1)	Thirteen veeks ended ovember 29, 2014 (1)	 Dollar Change	Percent Change
Core Laundry Operations	\$ 335,037	\$ 335,847	\$ (810)	-0.2%
Specialty Garments	26,770	22,476	4,294	19.1
First Aid	11,577	12,038	(461)	-3.8
Consolidated total	\$ 373,384	\$ 370,361	\$ 3,023	0.8%

Income from Operations

(In thousands, except percentages)	w No	Thirteen eeks ended wember 28, 2015 (1)	we Nov	Thirteen eeks ended vember 29, 2014 (1)	 Dollar Change	Percent Change
Core Laundry Operations	\$	52,972	\$	56,873	\$ (3,901)	-6.9%
Specialty Garments		4,286		2,268	2,018	89.0
First Aid		1,036		1,448	(412)	-28.4
Consolidated total	\$	58,294	\$	60,589	\$ (2,295)	-3.8 [%]

(1) Unaudited

UniFirst Corporation and Subsidiaries

Consolidated Statements of Cash Flows

(In thousands)		Fhirteen eeks ended vember 28, 2015 (1)	Thirteen weeks ended November 29, 2014 (1)		
Cash flows from operating activities:					
Net income	\$	35,890	\$	37,413	
Adjustments to reconcile net income to cash provided by operating activities:	•			, -	
Depreciation		17,643		15,865	
Amortization of intangible assets		2,095		2,172	
Amortization of deferred financing costs		52		52	
Share-based compensation		1,260		1,615	
Accretion on environmental contingencies		167		151	
Accretion on asset retirement obligations		199		194	
Deferred income taxes		26		21	
Changes in assets and liabilities, net of acquisitions:					
Receivables		(17,376)		(16,039)	
Inventories		3,452		645	
Rental merchandise in service		(1,280)		(1,744)	
Prepaid expenses and other current assets		(2,286)		(6,847)	
Accounts payable		7,913		559	
Accrued liabilities		(4,967)		(2,796)	
Prepaid and accrued income taxes		14,853		21,587	
Net cash provided by operating activities		57,641		52,848	
Cash flows from investing activities:					
Acquisition of businesses, net of cash acquired		(73)		(10,846)	
Capital expenditures		(21,049)		(17,453)	
Other		223		100	
Net cash used in investing activities		(20,899)		(28,199)	
Cash flows from financing activities:					
Proceeds from loans payable and long-term debt		_		2,008	
Payments on loans payable and long-term debt		(764)		(3,508)	
Proceeds from exercise of Common Stock options, including excess tax benefits		383		1,750	
Payment of cash dividends		(717)		(715)	
Net cash used in financing activities		(1,098)		(465)	
Effect of exchange rate changes on cash		(665)		(2,979)	
Net increase in cash and cash equivalents		34,979		21,205	
Cash and cash equivalents at beginning of period		276,553		191,769	
Cash and cash equivalents at end of period	\$	311,532	\$	212,974	

(1) Unaudited