## FORM 4

## UNITED S

Washington, D.C. 20549

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     O'Connor Shane						2. Issuer Name <b>and</b> Ticker or Trading Symbol UNIFIRST CORP [ UNF ]							(Ch	Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director					
(Last) (First) (Middle) C/O UNIFIRST CORP 68 JONSPIN ROAD						3. Date of Earliest Transaction (Month/Day/Year) 11/19/2024								Officer (give title Other (specify below)  Executive VP and CFO					
(Street) WILMINGTON MA 01887  (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Application)  Form filed by One Reporting Person  Form filed by More than One Reporting Person										erson				
		Table	e I - No	n-Deriv	ative	Sec	urities	Acc	guired	. Dis	posed o	f. or Ber	neficiall	y Owned					
1. Title of Security (Instr. 3)				2. Transa Date (Month/D	2A Exc	2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A)		l (A) or	5. Amou Securitie Beneficia	nt of es ally following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	Indirect			
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3	ion(s)		(111501.4)		
Common Stock 11/19/					/2024				Α		2,205(1)	) A	\$0	7,	733	D			
Common Stock 11/19/2					/2024	.024		A	A 857 <sup>(2)</sup>	857(2)	A	\$0	8,	8,590					
Common Stock 11/19/2					/2024	.024		F		364(3)	D	\$192.8	8,226(4)		D				
		Ta	able II -								osed of,			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	med	4. Transa Code ( 8)	ction	5. Number of		6. Date Exercis. Expiration Date (Month/Day/Yea		sable and 7. Title and Amount sear) Securitie		d f g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	(D) Benefic Owners rect (Instr. 4		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Stock Appreciation Right <sup>(5)</sup>	\$192.83	11/19/2024			A		3,215		(5)		11/19/2034	Common Stock (\$0.10 par value)	3,215	\$0	3,215	5 Д			

## **Explanation of Responses:**

- 1. Represents restricted stock units granted under the UniFirst Corporation 2023 Stock Option and Incentive Plan (the "2023 Plan"). Such restricted stock units vest in three equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027.
- 2. Represents restricted stock units that were earned based on the achievement of certain performance criteria and which vested.
- 3. Represents shares of Common Stock withheld by UniFirst Corporation to satisfy certain tax withholding obligations in connection with the vesting of certain restricted stock units.
- 4. Consists of 234 restricted stock units that vest in one remaining annual installment on October 31, 2025, 672 restricted stock units that vest in two remaining equal annual installments on October 31, 2025 and October 31, 2026, 1,182 restricted stock units that vest in three remaining equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027, 1,825 restricted stock units that vest in four equal annual installments on October 31, 2025, October 2026 and October 31, 2027 and 1,615 shares of Common Stock owned by the reporting person.
- 5. This stock appreciation right, which was granted under the 2023 Plan, becomes vested and exercisable in three equal annual installments on October 31, 2025, October 31, 2026 and October 31, 2027. This stock appreciation right is required to be settled in stock at the time of exercise.

/s/ Andrea Ballute, Attorney-in-11/21/2024 Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.