
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549**

FORM 8-K

**CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): August 24, 2026

UNIFIRST CORPORATION
(Exact Name of Registrant as Specified in Its Charter)

Massachusetts
(State or other jurisdiction
of incorporation)

001-08504
(Commission
File Number)

04-2103460
(IRS Employer
Identification No.)

68 Jonspin Road, Wilmington, Massachusetts
(Address of Principal Executive Offices)

01887
(Zip Code)

Registrant's Telephone Number, Including Area Code: (978) 658-8888

Not Applicable
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instructions A.2. below):

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol(s)	Name of each exchange on which registered
Common Stock, \$0.10 par value per share	UNF	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On August 24, 2026, Kelly Rooney notified UniFirst Corporation (the “Company”) of her decision to resign from her role as the Company’s Executive Vice President and Chief Operating Officer in order to pursue other career opportunities. The Company anticipates that Ms. Rooney’s final day of employment will be mid to late September 2026. Because Ms. Rooney is voluntarily resigning from her employment with the Company, she will not be entitled to any severance related payments or benefits.

Ms. Rooney’s departure is not the result of any disagreement between Ms. Rooney and the Company on any matter relating to the Company’s operations, policies or practices.

The Company thanks Ms. Rooney for her many contributions as Chief Operating Officer and wishes her well in her future endeavors.

Following Ms. Rooney’s departure, Steve Chikerotis, Senior Vice President, Operations, and Brian Vollant, Senior Vice President, Operations, will oversee the Company’s operations on an interim basis, reporting into Steven Sintros, President and Chief Executive Officer.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 28, 2026

By: /s/ Shane O'Connor
Name: Shane O'Connor
Title: Executive Vice President and Chief Financial Officer