FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] <u>Evans Donald J</u>						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 01/13/2006									-	r (give title		Other (specify below)			
68 JONSPIN ROAD						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)															X Form filed by One Reporting Person						
WILMINGTON MA 01887					-										Form filed by More than One Reporting Person						
(City)	(City) (State) (Zip)																				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date			Code (I			urities Acquired (A sed Of (D) (Instr. 3,)			Securiti Benefic Owned	es ially	Form (D) o Indir	n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amou	Amount (A		Price	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	3. Transaction Date (Month/Day/Year)	ifany	emed on Date, /Day/Year)	Date, Transac Code (Ir		5. Numb of Deriva Secur Acqui (A) or Dispo of (D) (Instr. 4 and	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	Beneficial Ownership				
		Cod		Code			Date Exercisabl	Expirat able Date		ation Title		mount r umber f hares									
Common stock option (right to buy)	\$33.13	01/13/2006			A		1,000		01/13/2006	01	/13/2016	Commo stock/\$0 par valu	.10 1	,000,	\$0	1,000		D			

Explanation of Responses:

Donald Evans, by power of 01/17/2006

01/1/

** Signature of Reporting Person Date

attorney

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.