SEC Form 4

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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287							
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Instruction 1(b).	Sontinue. Dee	Filed	ed pursuant to Section 16(a) of the Securities Exchange Act of 1934								
			or Section 30(h) of the Investment Company Act of 1940								
1. Name and Addres <u>Ross William</u>		on*	2. Issuer Name and Ticker or Trading Symbol <u>UNIFIRST CORP</u> [UNF]	(Check all ap Dire	ector	10% Owner					
(Last) C/O UNIFIRST 68 JONSPIN RC		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/19/2021	A belo	cer (give title w) Executive Vice Pi	Other (specify below) resident					
(Street) WILMINGTON (City)	MA (State)	01887 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	Line) X Forr	or Joint/Group Filing m filed by One Repo m filed by More than son	rting Person					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	08/19/2021		S		63 ⁽¹⁾	D	\$225	129	I	By IRA
Common Stock								4,413(2)	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

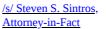
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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of E		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Explanation of Responses:

1. Represents shares sold pursuant to a Rule 10b5-1 sales plan.

2. Consists of 1,044 restricted stock units that vest 100% on December 20, 2022, 1,231 restricted stock units that vest 100% on October 22, 2023, 969 restricted stock units that vest 60% on October 29, 2022, an additional 20% on October 29, 2023 and the remaining 20% on October 29, 2024 and 1,169 restricted stock units that vest 60% on October 26, 2023, an additional 20% on October 26, 2024 and the remaining 20% on October 29, 2024 and 1,169 restricted stock units that vest 60% on October 26, 2023, an additional 20% on October 26, 2024 and the remaining 20% on October 26, 2025.

Remarks:



08/23/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.