FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROATTI CYNTHIA						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner					
(Last)	(Fi PIN ROAD	rst) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) $11/26/2004$									X	Offic belo	er (give title w)		(specify	
(Street) WILMINGTON MA 01887 (City) (State) (Zip)					4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (Disposed Of (D) (Instr. 3				(A) or 5. 3, 4 and Be		ount of ities icially d	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount		(A) or (D)	Price		Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	(Instr. 4)		
Common	Stock															:	2,740	I	By 401(k)	
Common Stock			11/26/2004				C		169,58	4	A	(2)		207,634		I (1)	By Trusts and LLC			
Common	Stock			12/22/2	004				S		2,500		D	\$27	7.26	20	05,134	I (1)	By Trusts and LLC	
Common Stock			12/23/2004				S		2,000		D	\$28.16		203,134		I (1)	By Trusts and LLC			
Common Stock															9	1,500	D			
Class B Common Stock			11/26/2004				С		169,584		D	(2)		5,248,000		I (1)	By Trusts, LP and LLC			
Class B Common Stock																8	7,120	D		
		Та	ble II	- Derivat							sed of, o					wned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date if any (Month/Day/Year)			eemed ition Date,	4. Transa Code (4. Transaction Code (Instr.				xerc	isable and	7. Title and Amount of Securities Underlying Derivative Security (Insi 3 and 4)		ount	8. P of Deri Sec (Ins	rice ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	V	(A)	(D)	Date Exercisa		Expiration of		mber							

Explanation of Responses:

^{1.} The reporting person is a trustee of the Marie Croatti QTIP Trust and a Director and minority owner of the general partner of The Croatti Family Limited Partnership, which are the direct owners of 2,600,000 shares each of Class B Common Stock. The reporting person is the manager of a limited liability company, Trilogy Investment Partners LLC, and a trustee for the following trusts, that, as of the date of filing this report, combined directly own the remainder of the reported securities: The Samuel E. Brown Gallo Trust - 1989, The Nicholas C. Brown Gallo Trust - 1989, the Monica Levenstein Gallo Trust - 1989 and the Lisa Levenstein Gallo Trust - 1989 reporting person disclaims beneficial ownership of the reported securities, except to the extent of her pecuniary interest therein, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or any other purpose.

^{2.} Represents shares of Class B Common Stock converted into Common Stock on a one-for-one basis pursuant to the terms of the underlying securities; accordingly, there is no applicable purchase or sale price. For purpose of reference, the closing price of UNF Common Stock on November 26, 2004 was \$27.60.

Cynthia Croatti, by power of attorney

** Signature of Reporting Person Date

12/28/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.