FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CAMILLI KATHLEEN M					2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]								(Chec	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	(Firs	st) (M	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 01/15/2016								Officer (give title Other (sp below) below)				
68 JONSPIN ROAD					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) WILMING	Street) WILMINGTON MA 01887												X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Sta		ip)																
		Table	e I - N	on-Deriv					quired, D	isp	osed of,	or Bene	ficially	Owned					
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day				y/Year) i	Exec f an	Deemed cution Date, ny nth/Day/Year)		Transaction Disposed Code (Instr. and 5)		es Acquired (A) or Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following		6. Ownersh Form: Direct (D) or Indirect (I) (Instr. 4)					
								Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	on(s)	(11150. 4)		msu. 4)		
			Tab						quired, Di s, options					ned					
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction Date Execution Date, or Exercise (Month/Day/Year)			4. Transact Code (In 8)		5. 6		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned Followin Reporte Transac (Instr. 4	cive Owners ties Form: Cially Direct (or Indiving (I) (Insteed (1) (I) (I) (I) (I) (I) (I) (I) (I) (I) (I		Beneficial Ownership		
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares						
Stock Appreciation Right ⁽¹⁾	\$102.94	01/15/2016			A		1,335		01/15/2016 ⁽¹	0	1/15/2024 ⁽¹⁾	Common Stock (\$0.10 par value)	1,335	\$0	1,33	35	D		

Explanation of Responses:

1. This stock appreciation right is exercisable in full on the grant date (1/15/2016) and must be settled in stock at the time of exercise. This grant has an expiration date of the earlier of January 15, 2024 or the second anniversary of the date that the grantee ceases to be a member of the Board of Directors.

/s/ David Whitman, Attorneyin-Fact 01/19/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.