FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number 3235-0287 Estimated average burden hours per response 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [*] CROATTICYNTHIA | | | | | 2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner | | | | |
|--|---------------|----------------|---------------------------------------|--|--|----------------------------------|------|--|-------|---------|-----|--|---|-----------------|---|--|
| (Last) 68 JONSPIN RO | (First) AD | (Middle) | | 3. Date of Earliest Transaction (Month/Day/Year) 06/29/2005 | | | | | | | X | Officer (give title below) Executive V | л Р & Тг | Other below) | (specify) | |
| (Street) WILMINGTON (City) | MA (State) | 01887 (Zip) | | 4. lf / | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | Line | | ridual or Joint/Group Form filed by One Form filed by Mor Person | e Report | ting Pers | son | |
| | Ta | able I - N | lon-Deriva | tive | Securities Acq | uired, l | Disp | posed of, o | r Ben | eficial | lly | Owned | | | | |
| 1. Title of Security | (Instr. 3) | | 2. Transactio Date (Month/Day/) | | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transact Code (In 8) | | 4. Securities / Disposed Of (and 5) | | | ſ | 5. Amount of Securities Beneficially Owned Following Reported | 6. Own Form: I (D) or Indirec (Instr. 4 | Direct | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |

| | | Coue | ľ | Amount | (D) | File | (Instr. 3 and 4) | | |
|--------------|------------|------|---|--------|-----|---------|------------------|--------------------|-------------------------|
| Common Stock | | | | | | | 2,740 | Ι | By 401(k) |
| Common Stock | 06/29/2005 | s | | 100 | D | \$40.85 | 192,934 | $\mathbf{I}^{(1)}$ | By Trusts and LLC |
| Common Stock | | | | | | | 51,500 | D | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| | | | | | | | | | | | , | | | | |
|---|---|--|-----------------|-----------------------------|---|---|-----|--|--------------------|---|--|--|--|--|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | Execution Date, | Transaction Code (Instr. | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |

Explanation of Responses:

1. The reporting person is a trustee of the Marie Croatti QTIP Trust and a Director and minority owner of the general partner of The Croatti Family Limited Partnership, which are the direct owners of 2,600,000 shares each of Class B Common Stock. The reporting person is the manager of a limited liability company, Trilogy Investment Partners LLC, and a trustee for the following trusts, that, as of the date of filing this report, combined directly own the remainder of the reported securities: The Samuel E. Brown Gallo Trust - 1989, The Nicholas C. Brown Gallo Trust - 1989, the Monica Levenstein Gallo Trust - 1989 and the Lisa Levenstein Gallo Trust - 1989. The reporting person disclaims beneficial ownership of the reported securities, except to the extent of her pecuniary interest therein, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or any other purpose.

| Cynthia Croatti, by power of | 07/01/2005 |
|------------------------------|------------|
| attorney | 07/01/2003 |
| | . . |

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.